

CURRICULUM VITAE



MAIZATUL MARDIANA HARUN (Reg. Counsellor: KB 02387, PA01718)

Personal Details

Occupation : Senior Lecturer
Affiliation : Department of Counsellor Education and Counselling
Psychology, Faculty of Educational Studies,
Universiti Putra Malaysia
Email Address : maizatul.harun@upm.edu.my.

Career Objectives

To have a dynamic, challenging and creative working environment in which to learn, grow and sharpen acquired skills in the field of counseling and education. Have huge interest to work with diverse population, especially in helping young students to succeed in both academic and personal life.

Language Proficiency

Bahasa Malaysia	English
SPM A1	SPM A1
	MUET Band 4
	IELTS Band 7

Career History

2021	Senior Lecturer Fac. of Educational Studies, UPM
2014	Counsellor Hospital Tuanku Ja'afar Seremban
2013	Research Assistant/Enumerator Fac. of Educational Studies, UPM
2011	Freelance Counsellor Demonstrator Fac. of Educational Studies, UPM Fac. Of Human Ecology, UPM
2010	Counselling Teacher SMK Jinjang, Kuala Lumpur
2008	Restaurant Crew A&W Restaurant
2006	Clerk Student Affairs Division., UPM

Research Experiences

Primary Investigator, 2023-2025

Dept. of Counsellor Education & Counselling Psychology,
Fac. of Educ. Studies, UPM

• *Geran Putra – Insentif Pensyarah Muda:*

Development of Malaysian-based multicultural counselling training contents

Primary Investigator, 2023-2025

Dept. of Counsellor Education & Counselling Psychology,
Fac. of Educ. Studies, UPM

• *Geran Putra Berfokus – Fakulti Pengajian*

Pendidikan: The interplay of physical, emotional, spiritual, cognitive, and social factors and multicultural counselling training outcome variables among counselling practitioners

Graduate Researcher, 2011-2013, 2017-2021

Dept. of Counsellor Education & Counselling Psychology,
Fac. of Educ. Studies, UPM

- Influence of Self-Perceived Multicultural Counseling Competence on Self-Efficacy among Counselling Teachers

Educational Background

- **2017-2021**
Universiti Putra Malaysia (UPM), Serdang
PhD (Guidance & Counselling)
Thesis title: “Mediating Effect of Multicultural Counselling Self-Efficacy between Personal and Academic Multicultural Experiences, and Multicultural Counselling Competencies among Counsellor Trainees”
- **2015-2011**
Universiti Putra Malaysia (UPM), Serdang
Master Science (Guidance & Counselling)
Thesis title: “Influence of Self-Perceived Multicultural Counseling Competence on Self-Efficacy among Counselling Teachers”
- **2010-2006**
Universiti Putra Malaysia (UPM), Serdang
Bachelor of Education (Guidance & Counselling)
Honours First Class
- **2006-2005**
Kolej Matrikulasi Kedah, Changlun, Kedah
Sains Hayat
- **2004-2000**
Sekolah Menengah Sains Raja Tun Azlan Shah (SERATAS), Taiping, Perak
Sijil Pelajaran Malaysia (SPM)
Penilaian Menengah Rendah (PMR)
- **1994-1999**
Sekolah Rendah Kebangsaan Sultan Idris II
Ujian Penilaian Sekolah Rendah (UPSR)

Publications

Article Journal:

- Harun, M. M.*, Jaafar, W.M.W., Ismail, A., & Arifin, S. (submitted). Personal and academic multicultural experiences, perceived multicultural counselling competence and multicultural counselling self-efficacy among Malaysian counsellor trainees. *PERTANIKAJournal of Social Sciences and Humanities*.
- Rosli, I. N. B., & Harun, M. M.* (2023). The relationship between mental health, coping strategies and attitudes towards seeking counselling services among university students. *International Journal of Academic Research in Business and Social Sciences*, 13(7), 1683–1692. <http://dx.doi.org/10.6007/IJARBS/v13-i7/17443>
- Ali, S. B. S., & Harun, M. M.* (2023). The relationship between vicarious trauma and self-efficacy among trainee counsellors at a public university. *International Journal of Academic Research in Business and Social Sciences*.
- Harun, M. M.*, Jaafar, W.M.W., Ismail, A., & Kamarudin, M. S. (in-press). Relationship between multicultural experiences and multicultural counselling competencies among Malaysian counsellor trainees. *International Journal of Advanced and Applied Sciences*. Harun, M. M.*, Jaafar, W.M.W., Ismail, A., & Sidek, M. N. (2022). Reliability and validity of adapted Cross-Cultural Counselling

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- Mediating Effect of Multicultural Counselling Self-Efficacy between Personal and Academic Multicultural Experiences, and Multicultural Counselling Competencies among Counsellor Trainees

Graduate Research Fellowship (GRF), 2011-2013

Dept. of Counsellor Education & Counselling Psychology,
Fac. of Educ. Studies, UPM

- Identity Development Model for Mix Marriage Children (Malay & Non-Malay)
- Development of Multicultural Competence for Malaysian Counsellor

Research Assistant 2013-2014

Dept. of Counsellor Education & Counselling Psychology,
Fac. of Educ. Studies, UPM

- Development of Multicultural Competence for Malaysian Counsellor

Field of Expertise	Field of Interest
<ul style="list-style-type: none"> • Guidance and counselling • Multicultural counselling • Multicultural education 	<ul style="list-style-type: none"> • Diversity and Multiculturalism • Marginalized Populations • Psychometric • Sociology of Education • Cultural Psychology

Teaching Experiences

CPE 5300 Multicultural Counselling

1ST & 2ND Sem, 2023-2024

1ST & 2ND Sem, 2021-2022

1ST & 2ND Sem, 2022-2023

1ST & 2ND Sem, 2021-2022

Faculty of Educational Studies, UPM

CPE 3300 Multicultural Counselling

1ST Sem, 2022-2023

Faculty of Educational Studies, UPM

CPE 3712 Statistics in Counselling

2ND Sem, 2021-2022

Faculty of Educational Studies, UPM

CPE 3207: Cognitive-Behaviour Counselling Theories and Practices

1ST Sem, 2023-2024; 2022-2023; 2013-2014

Faculty of Educational Studies, UPM

CPE 3206: Affective Counselling Theories and Practices

2ND Sem, 2023-2024; 2022-2023; 2021-2022; 2013 -2014;
2012-2013

Faculty of Educational Studies, UPM

ERS5900: Research Methods

1ST Sem, 2023-2024

Faculty of Educational Studies, UPM

FEM 3107: Basic of Advising and Counselling

2ND Sem, 2011-2012

Faculty of Human Ecology, UPM

CPE 3202: Fundamental of Guidance & Counselling

1ST Sem, 2021-2022; 2011-2012; 2012-2013

2ND Sem, 2011-2012;

Faculty of Educational Studies, UPM

Inventory-Revised on the sample of undergraduate counsellor trainees. *International Journal of Evaluation and Educational Research*, 11 (4). <https://ijere.iaescore.com/index.php/IJERE/issue/view/567>

- Harun, M. M*, Jaafar, W.M.W., Ismail, A., & Sidek, M. N. (2022). Psychometric properties of the Malay translated and adapted Multicultural Experience Inventory-Revised in the Malaysian context. *Asian Journal of University Education*, 18 (2), 554-568. <https://doi.org/10.24191/ajue.v18i2.18188>
- Harun, M. M., Jaafar, W.M.W., Sidek, M. N., & Ismail, A. (2021). Reliability and validity of the Multicultural Counselling Competence Training Survey-Revised for counsellor trainees in Malaysia. *PERTANIKAJournal of Social Sciences and Humanities*, 29 (S1). <https://doi.org/10.47836/pjssh.29.s1.09>
- Harun, M. M., Jaafar, W.M.W., Ismail, A., & Noah, S. M. (2021). Reliability and validity of Translated Multicultural Course Racial Experiences Inventory (MCREI) on the sample of Malaysian counsellor trainees. *International Journal of Academic Research in Business and Social Sciences*. <http://dx.doi.org/10.6007/IJARBS/v11-i4/8940>
- Harun, M. M., Jaafar, W.M.W., & Ismail, A. (2020). Usability of multicultural counselling self-efficacy-racial diverse (MCSE-RD) on the sample of undergraduate counsellor trainees. *International Journal of Academic Research in Business and Social Sciences*. <http://dx.doi.org/10.6007/IJARBS/v10-i12/8043>
- Maizatul Mardiana Harun, Rusnani Abdul Kadir, & Sidek Mohd Noah. (2017). Self-Perceived Multicultural Counselling Competence among Guidance and Counselling Teachers. *Jurnal PERKAMA*, 21, 114-132.
- Maizatul Mardiana Harun, Rusnani Abdul Kadir, & Sidek Mohd Noah. (2015). Self-Perceived Multicultural Counselling Self-Efficacy Levels among School Counselling Teachers. *Journal of Human Capital Development*.
- Maizatul Mardiana Harun, Rusnani Abdul Kadir, & Sidek Mohd Noah. (2014). Brief review on multicultural counseling self-efficacy and multicultural counseling competency. *Middle-East Journal of Scientific Research* 19 (Innovation Challenges in Multidisciplinary Research & Practice): 61-68.

Proceedings/Presentations:

- Darshini, D., & Harun, M. M.* (2023). Multicultural Counselling Competency and Clinical Skills for Lesbian, Gay, Bisexual and Transgender (LGBT) Clients among Registered Counsellors in Malaysia. *International Graduate Research in Education Seminar (GREduc)* 2023, Faculty of Educational Studies, UPM.
- Rosli, I. N. B., & Harun, M. M.* (2023). Perceived Stress, Coping Abilities and Attitudes towards Seeking Counselling among University Students. *iRandau 2023: International Symposium of Social Sciences, Management, Science and Technology*.
- Harun, M. M. (2022). Implications of Counsellor 'Trainees' Multicultural Experiences on Multicultural Education in Counsellor Training. *The International Conference on Psychology 2022 (ICONPSY2022)*.
- Harun, M. M., Jaafar, W.M.W., Ismail, A., & Noah, S. M. (2021). Academic multicultural experience and multicultural counselling self-efficacy among counsellor trainees. *Konvensyen Kaunseling Ke-22 PERKAMA*.
- Harun, M. M. (2020). Multicultural experiences and self-perceived multicultural counselling competence. *International Online Conference: Days of Applied Psychology (16th)*.
- Harun, M. M., Jaafar, W.M.W., Sidek, M. N., & Ismail, A. (2020). Kompetensi kaunseling pelbagai budaya kaunselor pelatih. *International e-Conference on Counselling and Humanities 2020 (IeCCH2020)*.
- Harun, M. M., Jaafar, W.M.W., Sidek, M. N., & Ismail, A. (2019). Preliminary study of multicultural counselling self-efficacy among counsellor trainees in Malaysia. *Regional Conference on Counseling, Education and Technology, Universitas Negeri Padang*.

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Awards

- Best Paper Award (Student Category), Konvensyen Kaunseling Ke-22 PERKAMA
- Professorial Awards 2010 (Best Student), Faculty of Educational Studies, UPM
- Vice Chancellor Awards 2010, UPM
- Academic Excellent Certificate 2006-2009, Kolej Canselor, UPM
- Academic Excellent Certificate 2006, Faculty of Educational Studies, UPM

Extracurricular Activities

- Volunteer for Mental Health & Psychological Support Services (MHPSS) MOH 2020
- Sukarelawan Kaunselor Berdaftar, Talian Kasih 15999-Khas COVID-19
- Konvensyen Kaunseling Ke-21 PERKAMA
- Konvensyen Kaunseling Ke-20 PERKAMA
- Konvensyen Kaunseling Ke-19 PERKAMA
- Konvensyen Kaunseling Ke-18 PERKAMA
- Program Integrasi Silang Budaya & Praktis Kerja Sosial di Melbourne, Australia.

- Harun, M. M., Jaafar, W.M.W., Sidek, M. N., & Ismail, A. (2019). 4W 1H of multicultural counselling competence: A brief review of Malaysia's multicultural counselling literature. Konvensyen Kaunseling Ke-21 PERKAMA.
- Harun, M. M., & Jaafar, W.M.W. (2018). Brief review of multicultural counselling in Malaysia. Regional Conference on Counseling and Career Development (RCCCD) 2018.
- Harun, M. M., Kadir, R. A., & Noah, S.M. (2018). Multicultural knowledge, multicultural awareness and multicultural counselling self-efficacy among counselling teachers. Regional Conference on Counseling and Career Development (RCCCD) 2018.
- Harun, M. M., Kadir, R. A., & Noah, S.M. (2013). Brief review on multicultural counseling self-efficacy and multicultural counseling competence. International Congress of Educational Research & Publication (ICERP), Malaysia.
- Harun, M. M., Kadir, R. A., & Noah, S.M. (2013). Multicultural counselling self-efficacy's level among school counselling teachers. 19th National Counselling Convention.
- Kadir, R. A., & Harun, M. M. (2012). Entrepreneurial motivation among secondary school students: Implications to counselling teacher. Educational Research and Human Resource Development Seminar.
- Harun, M. M., Kadir, R. A., & Noah, S.M. (2012). Multicultural counselling competence's level among postgraduate counselling students. 18th National Counselling Convention.
- Harun, M. M., Kadir, R. A., & Noah, S.M. (2012). Relationship between multicultural counselling competence and multicultural counselling self-efficacy among school counselling teachers. Graduate Research in Education Seminar (GREDUC).

Final Year Projects/Dissertations/Theses Supervisions

Final Year Projects

Hubungan antara Trauma Vikarius terhadap Efikasi Kendiri dalam Kalangan Kaunselor Pelatih di Universiti Awam Syarifah Balqis Binti Syed Ali

Hubungan di antara Lesu Upaya, Stres dan Kepuasan Kerja di Kalangan Pensyarah di Institusi Pengajian Tinggi Awam

Wan Nur Aisyah Nadiah Binti Wan Zauki

Hubungan antara Penghargaan Kendiri, Sokongan Sosial dan Kepuasan Hidup dalam Kalangan Pelajar Kolej Kediaman Aima Nadirah Binti Azminudin

The Relationship between Parental Support and Stress with Mental Health among Universiti Putra Malaysia Students

Wu Shuyi

Hubungan antara Strategi Daya Tindak dan Efikasi Kendiri dengan Pencapaian Akademik dalam Kalangan Pelajar Asnaf Institusi Pengajian Tinggi di Malaysia Nurul Khairani Binti Razak

Relationship between Loneliness and Self-Efficacy with Self-Compassion among Undergraduate Students in University of Malaya Nur Atikah Binti Khairuddin

Relationship between Religiosity, Spirituality and Mental Well-Being among University Students in Malaysia Sun Wanting

Hubungan antara Perkembangan Diri, Kecerdasan Emosi dan Kompetensi Pelbagai Budaya dengan Efikasi Kendiri

The relationship of career matching on career expectations and actual employment among college students Chen Bolun

Hubungan antara kecerdasan emosi dan motivasi kerja dengan sikap mendapatkan perkhidmatan bimbingan dan kaunseling dalam kalangan penjawat awam kluster keselamatan Noor Faizah Binti Ibrahim

Gender difference in perceived social support, self-esteem, and resilience among young adult university students in Malaysia Ashwini Subramaniam

Perceived stress and coping behavior among nursing and counselling students at Universiti Putra Malaysia Ihemesie Ogechi Blessing

The relationship between religious commitment, multicultural counselling competency and clinical skills for lesbian, gay, bisexual and transgender (LGBT) clients among registered counsellors in Malaysia Deeva Darshini

Exploration related to the perception towards application of yogic-breathing technique among counsellors as an intervention for anxiety symptoms Thannseelan Mohan

Relationship between spiritual well-being and spiritual care competence on compassion fatigue among counsellors Muhamad Shahmil Faqri bin Mohamad Noor

The mediating role of cultural intelligence and cognitive flexibility in the relation between effective counsellor characteristics and multicultural counselling competencies of counsellors in Malaysia Tong Hui Shan

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Pelajar Kaunseling di Institusi Pengajian Tinggi
AwamMuhammad Nur Hakim Bin Rozi

- **Master Dissertations**

Hubungan antara kompetensi kaunseling, kecerdasan
emosi dan refleksi sendiri terhadap perkembangan diri
kaunselor pelatih dalam perkhidmatan kaunseling
Hazel Joy Lamonte Binti Abdullah

Hubungan antara kesihatan mental, strategi daya tindak
dan sikap untuk mendapatkan perkhidmatan kaunseling
Intan Nor Basyira Binti Rosli

Acculturation as a mediator between social interaction and psychosocial
adjustment of Chinese international students in Malaysia
Zhang Zitong

Hubungan antara kebimbangan, kemurungan, dan sokongan sosial
dengan ketagihan dadah kepada Orang Kena Pengawasan (OKP) di
Agensi Anti Dadah Kebangsaan
Liyana Yunus