

CURRICULUM VITÆ



PROFESSOR DR. SOH KIM GEOK

**FACULTY OF EDUCATIONAL STUDIES
UNIVERSITI PUTRA MALAYSIA
SERDANG SELANGOR**

MALAYSIA

CURRICULUM VITAE

INDIVIDUAL INFORMATION		
1.	Full Name:	Soh Kim Geok
2.	Department:	Department of Sports Studies
3.	Faculty:	Faculty of Educational Studies
4.	Specialisation:	Exercise Science
5.	Date of Birth:	9 September 1971
6.	Phone Number:	Office: 03-89468153
		Mobile: 019-3649715
7.	Education Background:	<ul style="list-style-type: none"> ▪ PhD – Exercise Science (University of Malaya, Kuala Lumpur) ▪ MSc – Sports Science (Universiti Putra Malaysia) ▪ BSc – Physical Education (Universiti Putra Malaysia)

PROFESSIONAL EXPERIENCE		
Jun 2019 To Present	Professor	Universiti Putra Malaysia
November 2007 - May 2019	Associate Professor	Universiti Putra Malaysia
October 2005 - September 2007	Senior Lecture	Universiti Putra Malaysia
April 1998 - October 2005	Lecturer	Universiti Putra Malaysia
August 1996 - March 1998	Tutor	Universiti Putra Malaysia

PROFESSIONAL AFFILIATIONS	
1	Member of Society of Health and Physical Educator (SHAPE America) since 2007
2	Member of Society of Health and Physical Educator Malaysia (SHAPE Malaysia) since 2017
3	Member, Qualitative Research Association of Malaysia (QRAM) since 2007
4	Member, Women's Sport and Fitness Foundation Malaysia since 2005
5	Member, Universiti Putra Malaysia Academician Association since 1998
6.	Life Member, Malaysia Life Saving Association since 1994.
7.	Treasurer, UPM Autism Family Association (PEKAUPM) since 2018.

TEACHING EXPERIENCE	
Undergraduate:	
SPE3307	School Health Program
SPE3330	Basic First Aids
SPE3544	Sports Activities 1
SPE3306	Family Health
SPE3302	First Aids
SPE3301	Introduction to Health Education
EDU3553	Community and Environmental Health
EDU3527	Research Writing in Physical Education and Sports Science
EDU3556	Mental Health
EDU3072	Teaching Method in Health Education
Postgraduate:	
EDU5530	Physical Education Approaches

EDU5500	History and Philosophy in Physical Education
EDU5900	Research Methods
EDU5580	Advance Studies in Physical Education
EDU5590	Issues and Problems in Physical Education

SUPERVISION

(i) PHD STUDENTS AS MAIN SUPERVISOR

No.	Name	Title	Year
1.	Mohammadreza Esmaelzadeh Toloe	Effect Of Mixed Strength And Endurance Training On Body Composition And Cardio Risk Factor In Inactive People.	Graduated 2011
2.	Mohammad Ebrahim Margany	Validating Agility Test For Iranian Karate Players Using Analysis Network Process (Anp).	Graduated 2012
3.	Khaled Khalifa Mehemed	Assessing The Relationship Between Chd Factors, Fitness, Pa Level, & Body Composition Among Libyan School Children In Malaysia.	Graduated 2013
4.	Zeinab Ghiami	Examination The Effect Of Transtheoretical Model Program On Improving Exercise Behaviour Of Lranian High School Students.	Graduated 2014
5.	Jian Abdullah Noori	Designing An Intervention Program To Improve Physiological Variables And Physical Activity Among Undergraduate Students In Iraq.	Graduated 2016
6.	Amir Bahram Kashiani	Effects Of Combined Weight And Chain Versus Combined Weight And Elastic Band Resistance Training On Muscular Endurance, Strength And Body Composition In Adults.	Graduated 2018
7.	Sun He	Effects Of Nature Exposure Intervention On Self-Regulation And Decision-Making In Mentally Fatigued University Soccer Players	Graduated 2022
8.	Xiao Wensheng	Effect Of Functional Training On Physical Fitness And Tennis Skills Among Chinese Young Male Tennis Players.	Submmited
9.	Bai Xiaorong	Effects Of Brisk Walking Combined With Tai Chi Chuan On Health-Related Physical Fitness And Selected Health Parameters Among Older Chinese Women.	Submmited
10.	Azrool Afizie Ahmad	<i>Pembentukan Module Pengajaran Senaman Sensori Berlitar Untuk Kanak-Kanak Berkeperluan Khas.</i> Develop The Teaching Sensory Exercise Module For Children With Special Needs.	On-Going
11.	Liu Xinchang	Consumer Social Value As A Mediator Between Consumer Search, Share And Consumer Action In Nba Chinese Market.	On-Going
12.	Li Long	Effect Of Core Strength Training On C-Level Difficulty Movements Of Wushu Routine Athletes.	On-Going
13.	Guo Wei	Effect Of 12-Weeks Resistance Training In Water Combined With Land On Starting And Turning Performance Of Chinese Amateur Adolescent Swimmer.	On-Going
14.	Gao Yongqi	Effect Of 12-Weeks Content Knowledge Workshop On Written Test Performance Among Pe Student In China.	On-Going
15.	Qifengmeng	Effect Of A Modified Training Mode Of Tai Chi On Physical And Psychological Health Among College Students	On-Going

16.	Liu Huang	Effects Of Exercise Intervention On Self-Control And Decision-Making Of Smartphone Addicted University Students.	On-Going
17.	Cao Shudian	The Effect Of Mental Fatigue On Basketball Performance And The Recovery Strategy Of Mindfulness Training.	On-Going
18.	Luo Shengyao	Effect Of Core Strength Training On Physical Fitness And Offensive Skills Of Youth Male Basketball Players In China.	On-Going
19.	Wang Qiang	Effect Of Different Intensity Resistance Training On Energy Intake And Appetite Regulation Among Overweight And Obese College Girl.	On-Going
20.	Xiang Meng	Exploring The Sports Experience Of Sexual Minority Studentathletes In China.	On-Going
21.	Liu Xutao	Effect Of Latin Dance On Social Physique Anxiety And Physical Self-Esteem Of Middle School Girls.	On-Going
22.	Mai Yi Qiang	Effect Of Parental Involvement In Active Video Games Play On Physical Activity, Psychosocial Beliefs And Parent-Child Relational Qualities Among Overweight And Obese Adolescents.	On-Going

(ii) MASTER IN SCIENCE STUDENTS AS MAIN SUPERVISOR

No.	Name	Title	Year
1.	Noorzaliza binti Osman	<i>Profil Antropometrik Pemain-Pemain Bola Jaring MSSM Di Malaysia.</i> Anthropometric Profiles Of MSSM Netball Players In Malaysia.	Graduated 2007
2.	Norizarin binti Kamsiran	<i>Sikap Guru-Guru PJ Dan PK Terhadap Isu-Isu Seksualiti Dalam Pendidikan Seksualiti Di Sekolah Menengah.</i> The Attitude Of PE And HE Teachers Towards Sex Education In Secondary School.	Graduated 2011
3.	Siti Zarifah Alauddin	<i>Keberkesanan Pengajaran Guru Opsyen Dan Bukan Opsyen PJ Di Sekolah Menengah.</i> The Effectiveness Of Teaching PE Between Option PE Teacher And Non-Option PE Teacher In High School.	Graduated 2013
4.	Mimi Aida Mohd. Fauzi	<i>Kesan Kekerapan Pengajaran PJ Dalam Mempengaruhi Tahap Kecergasan Pelajar Sekolah Rendah.</i> The Effect Of PE Lessons In Influencing The Level Of Physical Activity Among Primary School Students.	Graduated 2014
5.	Nurhasni bt Mohd Noor	<i>Hubungan Tingkah Laku Kejurulatihan Dengan Motivasi Atlet Bola Sepak Di Sekolah Sukan Malaysia.</i> The Relationship Between Coaches' Behaviour And Motivation Among Malaysian Sports School Football Players.	Graduated 2014
6.	Syedeh Nahal Sadiri	Effects Of Pilates Exercises Combined With Karate Training On Core Strength And Flexibility Of Karate Players In Malaysia.	Graduated 2016
7.	G. Jaya Kumaran A/L Govindan	<i>Gaya Kepimpinan Jurulatih Bola Sepak Sekolah Berdasarkan Persepsi Atlet.</i> Football School Coaches' Leadership Skills Based On The Athletes' Perceptions.	Graduated 2016

8.	Mothna Mohammed	Identification And Determination Of Physical Performance, Anthropometric Measurements And Basic Skills For Football Players In Karbala, Iraq.	Graduated 2016
9.	Zainol Rashidi Md. Nor	<i>Sejauhmana Input Tahap Kecergasan Mempengaruhi Tahap Kecergasan Pelajar Berumur 13-17 Tahun Di Negeri Kedah.</i> The Effect Of Giving Physical Activity Input In Influencing The Level Of Physical Activity Among Students Between 13-17 Years Old From Kedah State.	Graduated 2017
10.	Zamzuri bin Zainol Abidin	<i>Kekuatan Mental Dalam Kalangan Atlet Sekolah Sukan Berlainan Tahap Di Malaysia.</i> The Differences Of Mental Strength Level Among Sport School Athletes In Malaysia.	Graduated 2017
11.	Jasmine Ling Chiu Hung	<i>Hubungan Antara Tingkah Laku Kejurulatihan Dengan Kepuasan Atlet.</i> The Relationship Between Coaches' Behaviours With Athlete's Satisfaction.	Graduated 2017
12.	Feaizul bin Mohd Din	<i>Korelasi Di Antara Status Kepadatan Tulang Dengan Tahap Aktiviti Fizikal, Tingkahlaku Berisiko Dan Pengambilan Kalori Terhadap Warga Tua Di Rumah Seri Kenangan, Cheras.</i> The Correlation Between Bone Density With The Level Of Physical Activity, Risk Behaviour And Calorie Intake Among Elderly In Seri Kenangan Home, Cheras.	Graduated 2018
13.	Mohd Khairudin bin Ab. Wahid	<i>Tekanan Kerja Di Kalangan Guru Pendidikan Jasmani Di Selangor</i> Workplace Pressure Among Physical Education Teachers In Selangor.	Graduated 2020

(iii) PHD STUDENTS AS CO-SUPERVISOR

No.	Name	Title	Year
1.	Duangkrai Taweesuk	The Transformational Leadership Of Coaches And Leadership Substitute Variables As Determinants Of Athlete Satisfaction.	Graduated 2011
2.	Hyder S Mohseen	Impact Of Utilizing Cooperative Learning Strategy To Learn Fundamental Skills And Social Development In PE Lessons In Iraq.	Graduated 2012
3.	Nadia Diyana Tan Bt Abdullah	Learning Qi Gong Among Breast Cancer Survivors.	Graduated 2013
4.	Raweetwet Rattanakoses	Effect Of Imagery Practice On Cycling Performance.	Graduated 2013
5.	Ooi Cheng Lee	Mediating Effect Of Perceived Organizational Support On The Relationship Between Organizational Justice And Commitment Among Malaysian Volunteer School Sports Coaches.	Graduated 2016
6.	Roxana Dev Omar Dev	Exploring The Relationships Of Emotional Intelligence And Spiritual Intelligence On Health Behaviours In Malaysian University Athletes And Non-Athletes.	Graduated 2018
7.	Noraziela Abdul Majid	Social Interactions As Mediator In Relationship Between Racial Integration And Democraticoutcomes Among Multi-Ethnic Students In Malaysia Higher Institutions.	On-going

8.	Jacklyn anak Joseph	<i>Work In Progress</i>	On-going
9.	Muhammad Noor Hizami Hamidi	The Effects Of Blended Learning In Public Physical Education Course On The Exercise Attitude, Motor Skills, And Physical Fitness Of University Students In Binzhou, China.	On-going
10.	Wang Chen	The Effects Of Blended Learning In Public Physical Education Course On The Exercise Attitude, Motor Skills, And Physical Fitness Of University Students In Binzhou, China.	On-going
11.	Wang Wenping	Comparison Of The Effects Of High-Intensity Interval Training And Moderate-Intensity Continuous Training On Body Composition And Cardiopulmonary Fitness Of Obese Adolescent Girls In China.	On-going
12.	Chen Liuying	<i>Work In Progress</i>	On-going

(iv) MASTER OF SCIENCE STUDENTS AS CO-SUPERVISOR

No.	Name	Title	Year
1.	Soba Niknafs	Comparing Cluster Training Method For Strength And Power Developing Through Linear And Undulating Periodization In Young Male Hockey.	Graduated 2008
2.	Azadeh Zarei Karim	Sport Tourists' Preferred Event Attributes And Motives For Attending Sepak Takraw Events In Malaysia.	Graduated 2015
3.	Noor Azramalina bt Abdul Aziz	Designing Green Outdoor Environments For Children With Learning Difficulties At Primary Schools In Malaysia.	Graduated 2017
4.	Zalina bt Othman	<i>Hubungan Di Antara Pengetahuan Tentang Kebersihan Dalam Kosmetologi Dengan Amalan Kebersihan Dalam Kalangan Pelajar Kosmetologi.</i> The Relationship Between Knowledge Of Hygiene In Cosmetology With Hygiene Practices Among Cosmetologist Students.	On-going
5.	Wickramarachchi W Kankanamalage Dona S. A.	Feasibility Study Of Distance-Monitoring On Sedentary Time Among Sri Lankan Adolescents.	Graduated 2022

(v) MASTER OF EDUCATION STUDENTS AS MAIN SUPERVISOR – By course work

No.	Name	Title	Year
1.	Jorrye Jakiwa	<i>Penglibatan Masyarakat Sabah Dalam Aktiviti Sukan.</i> The Involvement Of Sport Activities Among Sabah Communities.	Graduated 2012
2.	Zarina Adenin	<i>Mengenal Pasti Tahap Tekanan Kerja Dalam Kalangan Guru-Guru Sekolah Menengah Di Daerah Port Dickson.</i> Identifying The Level Of Work Pressure Among High School Educators In Port Dickson District.	Graduated 2013
3.	Nur Hafizah Azman	The Relationship Between Athletes And Coaches Among Sport School Students.	Graduated 2013
4.	Mon Redee Sut Txi	The Relationship Between Athletes And Coaches Among Sport School Students.	Graduated 2014
5.	Mak Foong Ming	Effects Of Contemporary Dance Practice On Health Related Physical Fitness Among Young Female Adults.	Graduated 2015

6.	Azrool Afizie Ahmad	<i>Perbandingan Kekuatan Mental Atlit Olahraga Sukan SEA 2017 Dengan Atlit Paralimpik Sukan Para ASEAN 2017.</i> Comparison Of Mental Strength Between SEA Games 2017 Athletes And ASEAN Paralympic Athletes 2017.	Graduated 2018
7.	Hananda Velan A/L Mayandi	<i>Keberkesanan Permainan Tradisional Bagi Meningkatkan Skor Ujian SEGAK Dalam Kalangan Murid SJKT Daerah Jempol.</i> The Effectiveness Of Traditional Games In Improving SEGAK Test Scores Among SJKT District Jempol Students.	Graduated 2018
8.	Tiong Yung Ching	Factors Influencing Participation In Physical Activity Of 10-12-Year-Old Primary Children In The Maran District.	Graduated 2018
9.	Rosazura bt Tuan Manan	<i>Keberkesanan Kaedah Praktis Agihan Untuk Pembangunan Kemahiran Menyangga Bagi Murid Lelaki Tahun 4 Dalam Permainan Bola Tampar.</i> The Effectiveness Of Practical Distribution Methods In Developing Volleyball Digging Skill For Male Year 4 Students In Volleyball Games.	Graduated 2018
10.	Yohana Unyang Juren	Sitting Risk Among Universities Students.	Graduated 2018
11.	Mujammad Syafiq Farhan Boo Omar	The Influence Of Sitting Time And Physical Activity On Health Outcome Among Public University Students In Malaysia.	Graduated 2019
12.	Ahmad Luth Bin Hamizan	<i>Perbandingan Tahap Kardiovaskular, Daya Tahan Dan Kekuatan Otot Dalam Kalangan Pelajar PPKI Masalah Pembelajaran Di Antara Tahap 1 Dan Tahap 2.</i>	Graduated 2020
13.	Ehsan Lohrasbipeydeh	Balance and Gait Parameters Comparison Between Elderly With And Without Limitation Of Knee Range Of Motion In Tehran, Iran.	Graduated 2020
14.	Sulaiman Mohammed J.S	Comparing Selected Physiological Variables Among Elite Soccer Player Training At Different Atmospheric Pressure In Palestine.	Graduated 2020
15.	Nadzirah binti Hasan	<i>Persepsi Perasaan Halangan Terhadap Penglibatan Aktiviti Fizikal Berdasarkan Kaum Dalam Kalangan Pelajar Sekolah Menengah.</i> Perceptions Of Feeling Barriers To Involvement Of Physical Activity Based On Ethnicity Among High School Students.	Graduated 2020
16.	Arni Nurfatina Arpa	Comparing Knowledge And Perception Between National Athletes And Coaches On Sports Massage.	Graduated 2021
17.	Ang Xiao Wen	The Effectiveness Of Using Command And Guided Discovery Teaching Styles With Mobile Phone In Teaching Forearm Pass Skills And Enjoyment Among Primary School Students.	Graduated 2021
18.	Hon Jia Sheng	Comparing Sedentary Behaviour Among Teachers In Malaysia Based On Gender And Working Day.	Graduated 2021
19.	Zong Yu	Comparing Sedentary Behavior Among Teachers In Chuzhou, China Based On Gender And Working Days.	Graduated 2021
20.	Peipei	Effect Of Basketball Games Teaching On Children's Basketball Interest In Chinese Kindergarten In Guangdong: A Pilot Study.	Graduated 2022
21.	Narresh A/L Paramanathan	Bodyweight Strength Training in Adults in SMK Bukit Mewah during the Covid-19 Pandemic.	WIP

EXAMINER**(i) THESIS EXAMINATION CHAIRMAN: PHD**

No.	Name	Thesis Title	Year
1.	Asiah Hj. Mohd Pilus	<i>Hubungan Di Antara 'Sportscape', Motivasi Dan Kesetiaan Terhadap Kepuasan Penonton Dan Keinginan Menonton Semula Di Kalangan Penonton Bola Sepak Piala Malaysia.</i> The Relationship Between Sportscape, Motivation And Loyalty Toward Audience Satisfaction And The Desire To Replay/Re-Watch Among Malaysian Football Audience.	Completed 2009
2.	Ali Reza Amani	Creatine Monohydrate Intervention Combined With Concurrent Aerobic And Resistance Exercise On The Cardiovascular Fitness Among Adults.	Completed 2009
3.	Suhaimi Sun Abdullah	The Anthropometric Correlates Of Motor Performance Among Young Elite Athletes In Malaysia.	Completed 2009
4.	Nafiseh Khalaj	Influence Of Obesity On Children Gross Motor Developments.	Completed 2010
5.	Kamil Abid Al-Hussain A.	The Effect Of A Physical Education Program On Physical Fitness Of Malaysian Children.	Completed 2011
6.	Aris Fazil Haji Ujang	<i>Kesesuaian Kriteria Pemilihan Dalam Program Mengesan Atlet Berbakat Di Malaysia.</i> The Suitable Selection Of Criteria In Athlete's Talent Detection Programme In Malaysia.	Completed 2012
7.	Suthagar Narasuman	Predictors Determining Information Communication Technology Integration In Teaching Among English Language Lecturers' In Malaysian Teacher Training Institutions.	Completed 2013
8.	Arit Uyouko Uyouko	Predictor Of Secondary School Teacher' Use Of Information And Communication Technology In Akwa Ibom State, Nigeria	Completed 2014
9.	Ani Mazlina Dewi bt Mohamed	<i>Kesan Tahap Pelaksanaan Pendidikan Jasmani Terhadap Perkembangan Motor Kasar Dalam Kalangan Kanak-Kanak 7 Hingga 9 Tahun</i> Effects Of Physical Education Application On The Risk Motor Development In Children's Children 7 To 9 Years	Completed 2020
10.	Pooya Nekooei	Effect Of Land And Aquatic Medicine Ball Training On Shoulder Imbalance Among Water Polo Players.	Completed 2021
11.	Kee Li Li	Effectiveness Of E-Book Writing Software As A Tool To Enhance TESL Pre-Service Teachers' ESL Academic Writing Performance.	Completed 2021
12.	Shamsulariffin bin Samsudin	Resilience Of Malaysian Physical Education Undergraduates Participating In An Outdoor Education Program.	Completed 2021

(ii) THESIS EXAMINATION CHAIRMAN: MASTER

No.	Name	Thesis Title	Year
1.	Joseph Sidemy Anak Nyogia	<i>Kesan Kekurangan Tidur Terhadap Prestasi Fizikal Dan Konsentrasi Pemain Bola Sepak Remaja.</i> Effect Of Sleep Deficiency On Physical Performance And Concentration Among Youth Footballers.	Master 2007
2.	Muhammad Taufiq C. A.	Effect Of Rule Changes On Small-Sided Game's Training Intensity And Technical Load In Soccer Players.	Master 2009

3.	Md. Saadon A Shukor	Factors Influencing Physical Fitness Level Of Adolescents In Malaysia.	Master 2009
4.	Soma Sundrem S. I. Patham	Time-Motion Analysis Of Match Performance And Fitness Demands During An International Field Hockey Competition.	Completed 2009
5.	Mohamad Nizam Asmuni	<i>Tahap Kekuatan Mental Pemain Bola Sepak Malaysia Dalam Kejohanan Bola Sepak Piala Malaysia Musim 2007/2008.</i> The Levels of Mental Strength Among Malaysian Footballer In Malaysia Cup Football Championship Season 2007/2008.	Completed 2010
6.	Sulaiman Ibrahim	<i>Tahap Anxieti Di Kalangan Guru-Guru Pelatih Semasa Menjalani Aktiviti Berkayak Dalam Program Bina Insan Guru.</i> Anxiety Levels Among Educators During Kayak Activity During “Bina Insan Guru” Program.	Completed 2009
7.	Norinda Bt Samad	<i>Punca, Kesan Dan Strategi Mengatasi Tekanan Semasa Dalam Kalangan Pemain Bola Sepak Semasa Perlawanan Liga Super 2011.</i> The Causes, Impact And Strategy To Overcome A Pressure Among Football Players During Super League Matches 2011.	Completed 2011
8.	Nafisah Khalaj	Effects Of Obesity On Gross Motor Development Among Children In Different Ages.	Completed 2011
9.	Syarifah Fathynah Bt Syed Shiekh	<i>Analisis Prestasi Dan Perubahan Kadar Denyutan Jantung Serta Asid Laktik Semasa Perlawanan Silat Olahraga Peringkat Antarabangsa.</i> Analysis Of Performance, Heart Rate Changes And Lactic Acid During International Silat Tournamants.	Completed 2012
10.	Khavita A/P K. Saundarajan	<i>Kesan Program Permainan Ke Atas Kemahiran Motor Kasar Kanak-Kanak Pra Sekolah Di Negeri Sembilan.</i> The Impact Of Game Program On Gross Motor Skills Impact Among Pre-School Students In Negeri Sembilan.	Completed 2016
11.	Farah Layth Naji	Comparing Differences Between Physiological Distress And Physiological Marker On First Division Football Players.	Completed 2017
12.	Siti Nursarah Salehhodin	Perbandingan Kekuatan Genggaman Tangan Atlet Lelaki Dalam 3 Kategori Acara Memanjat Tembok Tiruan Dan Faktor Yang Mempengaruhi. <i>The Comparison Of Hand Grip Strength Among Male Athletes In 3 Categories Of Rock Climbing And The Affecting Factors.</i>	Completed 2018
13.	Sugendran Nagandran	<i>Tahap Kesiediaan Guru Dalam Melaksanakan Pelajaran Dan Pembelajaran Di Sekolah Dalam Hospital Semenanjung Malaysia.</i> Level of Teacher Readiness in Implementing Lessons and Learning in Schools in Peninsular Malaysia.	Completed 2020

(iii) **EXTERNAL EXAMINER – MASTER & PHD THESIS**

No.	Name	Thesis Title	University Year
1.	Mohan R Alwan	The Effect of Selenium And Tecotrienol Supplementation On The Contractile Force, Emg, And Fatigue Of Gastrocnemius Muscle Of Trained And Untrained Rats.	University Of Science Malaysia 2012

2.	Lit Kok Wai	Effects Of Acute Cool Water Immersion On Exercise-Induced Oxidative Stress And Time Trial Performance In Endurance Cyclist In The Heat.	University of Science Malaysia 2012
3.	Hazwani Binti Ahmad Yusof @ Hanafi	The Effect Of Angiotensin I-Converting Enzyme (Ace) I/D And Alpha-Actinin-3 (Actn3) R/X Gene Polymorphisms On Human Physical Performance And Health Within Malaysian Population.	University of Science Malaysia 2015
4.	Mohd Hafizuddin bin Baki	Anthropometric Indices, Physical Fitness And Physical Activity Level Among Batek Children In Taman Negara Kuala Tahan, Pahang.	Universiti Teknologi MARA 2015
5.	Daniel Tarmast	Effect Of Combined Sago-Soy Supplementation On Cycling Time Trial Performance In The Heat.	University of Science Malaysia 2016
6.	Xiao Li	Association Between Ace Gene Polymorphism And Actn3 Polymorphism, Aerobic And Anaerobic Capacities, Bone And Muscular Performance In Malay Athletes And Non-Athletes.	University of Science Malaysia 2016
7.	Hasmah binti Mohamad Yusoff	Understanding The Motivations, Meanings And Benefits Of Participation In The Recreational Sport Of Golf: A Phenomenological Study Of Man 60 Years And Older.	Asia E University 2016
8.	Roayaaah binti Zambri	Motives And Barriers To Physical Activity Participation Among Women Civil Servant Of The Supporting Group In Selected Ministries.	Universiti Teknologi MARA 2016
9.	Mohamad Nasrullah Bin Nasiruddin	<i>Motivasi Dan Orientasi Pencapaian Sebagai Pemboleh Ubah Peramal Atau Pengantara Kepada Hubungan Antara Gaya Kepimpinan Jurulatih Dengan Prestasi Atlet Bola Sepak Sekolah Sukan Di Malaysia.</i> Motivation And Orientation Of Achievement As A Modifier Or Mediator To Relationships Between Coach Leadership With The Performance Of Sports School Football Athletes In Malaysia.	University Utara Malaysia 2021

(iii) INTERNAL EXAMINER – MASTER & PHD THESIS

No.	Name	Matric No	University Year
PHD			
1.	Teng Siew Lian	GS 13975	Faculty of Educational Studies - 2007
2.	Norzah Abd Ghani	GS16519	Faculty of Educational Studies - 2010
3.	Maria Justine @ Stephany	GS16519	Institute of Gerontology - 2010
4.	Mastura Johar	GS 13975	Faculty of Educational Studies - 2012
5.	Saghar Eslami	GS21578	Food Science - 2012
6.	Aris Fazil Haji Ujang	GS20833	Faculty of Educational Studies -2012
7.	Ali Dadgari	GS19996	Institute of Gerontology - 2015
8.	Jamileh Amirzadeh Iranagh	GS29296	Medical and Health Sciences -2015
9.	Chun Cheng Chuan	GS29997	Faculty of Educational Studies - 2015
10.	Syedah Ameneh Motalebi	GS26615	Institute of Gerontology - 2015
11.	Al-Ahmed, Mustafa Issa A	GS34406	Faculty of Educational Studies - 2017
12.	Aman, Mirian Pabatao	GS42210	Faculty of Educational Studies - 2019
13.	Azhar bin Yaacob	GS42951	Sports Academy - 2019
14.	Taleb Sahar Mohammed Taresh	GS47914	Faculty of Educational Studies - 2021

MASTER			
1.	Md. Saadon Bin A. Shukor	GS31781	Faculty of Educational Studies - 2006
2.	Suhaimi Sun Abdullah	GS09455	Faculty of Educational Studies - 2009
3.	Somasundran S. I Patham	GS16421	Faculty of Educational Studies - 2009
4.	Inderjit Goman Sing Sunar	GS15299	Faculty of Educational Studies - 2009
5.	Thung Jing Seng	GS15353	Faculty of Educational Studies - 2009
6.	Muhamad Nizam Asmuni	GS18969	Faculty of Educational Studies - 2010
7.	Mohd Rozilee Wazir Norjaliwazir	GS25314	Faculty of Educational Studies - 2013
8.	Nurul Shahida Binti Hamdan	GS28705	Faculty of Educational Studies - 2016
9.	Suharyanti binti Hanapi	GS46821	Faculty of Educational Studies - 2020

PUBLICATION

(i) Cited Journal

1. **Soh, K. G.**, Ruby, H., and Soh, K. L. (2006). Body fat comparison between basketball and netball players in Malaysian. *Journal of University Malaya Medical Centre (JUMMED)*. 9(1), 2006, Pp 20-22.
2. **Soh, K. G.**, Ruby Husain., and **Soh, K. L.** (2007). The impact of eight-week training programme on agility and leg power among Malaysian netball players. *Journal of University Malaya Medical Centre (JUMMED)*. 10(1), Pp 32-39.
3. Soh, K. L., Koziol-McLain, J., Wilson, J., & **Soh, K. G.** (2007). Critical care nurses' knowledge in preventing Nosocomial Pneumonia. *Australia Journal of Advanced Nursing*. 24(3), 19-25. (ISI-Indexes in the CINAHL).
 - a. The abstract of this paper was also published in Primary Care Respiratory Journal:- Soh, K. L., Koziol-McLain, J., Wilson, J., and **Soh, K. G.** (2006). Knowledge of nosocomial pneumonia prevention among critical care nurses in New Zealand. *Primary Care Respiratory Journal*. 15(3), 208.
4. Soh, K. L., **Soh, K. G.**, Zaiton, A., Rosna, A. R., & Salimah, J. (2008). Perceptions of intensive care unit stressor by patients in Malaysian Federal Territory Hospitals. *Contemporary Nurse*. 31(1), 86-93. (ISI-Impact Factor: 0.87)
5. **Soh, K. G.**, Ruby, H., Soh, K. L., Mohd Sofian O. F., & Marjohan, J. (2009). Physical profile comparison between basketball and netball in Malaysia based on performance and playing position. *Journal of University Malaya Medical Centre (JUMMED)*. 12(1), 22-26.
6. Mohd. Sofian, O. F, Narimah, D., Kamaria, K, Aminuddin, Y., **Soh, K. G.**, Mohd. Nizam, N., Salleh, A., & Roslan, H. S. (2009). What's Make University Students Participate in Sports? *European Journal of Social Sciences*, 8(3), 449-458.
7. Raweewat, R., Mohd Sofian, O. F., **Soh, K. G.**, & Maria Chong, A. (2009). Evaluating the Relationship of Imagery and Self-confidence in Female and Male Athletes. *European Journal of Social Sciences*, 10(1), 129-138.
8. **Soh, K. G.**, Soh, K. L., Ruby, H., Mohd Sofian O. F., Aminuddin, Y., & Ong, S.L. (2010). Comparing physical activity of Malaysian Malay man before, during and after Ramadan. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*. 16(1), 70-77.
9. **Soh, K. G.**, Soh, K. L., Ruby, H., & Salimah, J. (2010). Physical activity of female Muslims before, during and after Ramadan. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*, 16 (3). 347-354.
10. **Soh, K. G.**, Soh, K. L., Ruby, H., Mohd Sofian O. F., Aminuddin, Y., & Ong, S.L. (2010). Association between fatness & CHD risk factors among adolescents. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*, 16(4). 470-477.
11. Soh, K. L., **Soh, K. G.**, Japar, S., Abdul Raman, R., & Davidson, P. M. (2011). A Cross-Sectional Study on Nurses' Oral Care Practice for Mechanically Ventilated Patients in Malaysia. *Journal of Clinical Nursing*, 20(5-6), 733-742. (ISI-Impact Factor: 1.228).

12. Hayder, S. M., Mohd. Sofian, O. F., **Soh, K. G.**, & Roselan, B. (2011). Issue of The Social Dilemmas after Wars: A Cooperative Learning Intervention through Physical Education and it's Effect on Social Skills Development among Middle School Students' In Baghdad, Iraq. *Australian Journal of Basic and Applied Sciences*, 5(10), 980-989.
13. Soh, K. L., Davidson, P. M., Leslie, G., DiGiacomo, M., Rolley, J. X., **Soh, K. G.**, & Rahman, A. A. (2011). Factors to Drive Clinical Practice Improvement in a Malaysian Intensive Care Unit: Assessment of Organizational Readiness Using A Mixed Method Approach. *International Journal of Multiple Research Approaches*. 5(1), 104-121.
14. Soh, K. L., Shariff Ghazali, S., **Soh, K. G.**, Abdul Raman, R., Sharif Abdullah, S. S. & Ong, S. L. (2011). Oral Care Practice for the Ventilated Patients in Intensive Care Units: A Pilot Study. *Journal of Infection in the Developing Countries*. 6(8), 333-339.
15. Mohammad Reza, E. T., **Soh, K. G.**, Muhammad Nazrul, H. A., & Bahaman, A. S. (2012). The Effect of Combined Training on Interlukin-6 and C Reactive Protein as Nontraditional Cardio Risk Factors in Inactive Students. *Pertanika J. Soc. Sci. & Hum.*, 20(S), 117-128.
16. Mohammad Ebrahim, M., **Soh, K. G.**, Majid, M., Mohd Sofian, O. F., Nur Surayyah M. A., & Mohd Rizam, A. B. (2012). Usage of Group AHP Approach in Karate Agility Test Selection. *Pertanika J. Soc. Sci. & Hum.*, 20(S), 129-14.
17. Aminuddin, Y., Parilah, M. S., & **Soh, K. G.** (2012). Application of Leiper's Tourist Attraction System to Small-Scale Sport Event Tourism in Malaysia. *World Applied Sciences Journal*, 18(7), 896-900.
18. **Soh, K. G.**, Aminuddin, Y., Nur Surayyah., M. A, Soh, K. L., & Ong, S. L. (2013). Comparing Physical Activity of Malaysian Malay Men and Women Before, During, and After Ramadan. *Pertanika – JSSH*, Vol. 20 (S) Sept. 2012.
19. Soh K. L. Davidson, P.M. Leslie, G. DiGiacomo, M. & **Soh, K.G.** (2013). Nurses' Perceptions of Standardised Assessment and Prevention of Complications in A Malaysian Intensive Care Unit: A qualitative study. *Journal of Clinical Nursing*. 22(5/6) p.856-865. (ISI **Impact Factor:** 1.316)
20. Ooi, C. L., Aminuddin, Y., **Soh, K. G.**, & Zoharah, O. (2014). Effects of Distributive Justice, Perceived Organisational Support and Intrinsic Motivation on Malaysian Volunteer Coaches' Affective Commitment. *Middle-East Journal of Scientific Research 19 (Innovation Challenges in Multidiciplinary Research & Practice)*, 153-160. ISSN 1990-9233.
21. Razieh, B., Aminuddin, Y., & **Soh, K. G.** (2014). Understanding Sport Tourist Motives for Visiting Malaysia National Park. *Journal of Physical Education & Sport*, 14(4), 599-603. ISSN 2247-8051.
22. Roxana Dev, O. D. Ismi Arif, I, Maria Chong, A. & **Soh, K. G.** (2014). Emotional Intelligence as an Underlying Psychological Mechanism on Physical Activity among Malaysian Adolescents, *Middle-East Journal of Scientific Research 19 (Innovation Challenges in Multidiciplinary Research & Practice)*, 599-603. . ISSN 1990-9233.
23. Soh, K. L., **Soh, K. G.**, Noor Arini, I., Nor Zehan, A., Salimah, J., & Rosna, A. R. (2014). Recalling ICU experiences: Patients' Perspectives. *Middle-East Journal of Scientific Research 19 (Innovation Challenges in Multidiciplinary Research & Practice)*, 106-111. ISSN 1990-9233.
24. Jian Abdullah, N., **Soh, K. G.**, Norhaizan, M. E., & Nabeel Abdulwahab, A. (2017). Home Based Physical Activity Intervention Programme in War-torn Country like Iraq, *International Journal of Geomate*, Feb. 2017.
25. Ghiami, Z., **Soh, K. G.**, Samsilah, R., Soh, K. L. (2017). Effects of a Stage-Based Intervention on Self-Efficacy. *International Journal of Geomate*, Feb. 2017.
26. Soh, K. L., Salimah, J., Wan Zaida, W. M. H., Rosna, A. R., Ong, S. L., & **Soh, K. G.** (2017). Pain Management Knowledge among Medical Ward Nurses in Malaysia. *International Journal of Geomate*, Feb. 2017.
27. Salimah, J., Soh, K. L., Hatifah, C. h., Nor Airini, i., Ong, S. L., & **Soh, K. G.** (2017). The Trend of Enteral Feeding among Critically Ill Patients in adult ICUs in Malaysia. *International Journal of Geomate*, Feb. 2017.
28. **Soh, K.G.**, Jian, A. N., Soh, K.L., salimah, J., Aminuddin, Y. (2017). Blood Profiles among Female Undergraduate in Iraq After a 12-Weeks Home-based Intervention Program. *International Journal of Academic in Business and Social Sciences (HRMARS)*, 7 (1): 972-980. (Indexed in ERA).

29. **Soh, K.G.**, Jian, A. N., & Norhaizan, M. E. (2017). Effects of a Home-based Programme on Physical Activity among Undergraduate Female Students in Iraq. *International Journal of Academic in Business and Social Sciences (HRMARS)*, 7 (1): 672-695. (Indexed in ERA).
30. **Soh, K.G.**, Ghiami, Z., Khallaghi, K., & **Soh, K.L.** (2017). Weight of Backpacks and Musculoskeletal Pain among Iranian Elementary School Students. *International Journal of Academic in Business and Social Sciences (HRMARS)*, 7 (1): 1012-1021. (Indexed in ERA).
31. Arporn, P., Aminuddin, Y., & **Soh, K.G.** (2017). Investigating sport tourists' perceived attributes of Muay Thai, event satisfaction and behavioural intentions of attending future events. *International Journal of Academic in Business and Social Sciences (HRMARS)*, 7(6). 457-465. (Indexed in ERA).
32. Ooi, C. L., Aminuddin, Y., **Soh, K.G.**, & Zaharah, O. (2017). Examining Coaches' Perceptions of how Organisational Justice Affects Organisational Support. *International Journal of Academic in Business and Social Sciences (HRMARS)*, 7(S). 303-314. (Indexed in ERA).
33. Ooi, C. L., Aminuddin, Y., **Soh, K.G.**, & Zaharah, O. (2017). Examining the Relationship between Organisational Justice and Organizational Commitment with Perceived Organisational Support of the Malaysian High Performance School Sports Developmental Programme (SPTS) Volunteer Coaches. *International Journal of Academic in Business and Social Sciences (HRMARS)*, 7(S). 588-613. (Indexed in ERA).
34. Ong, S. L., Khadijah, A., Mahmoud, D., Soh, K. L., **Soh, K.G.**, Daphne Siew, K. L., Emni, O. D. H. (2018). The effectiveness of a structured nursing intervention program on maternal stress and ability among mothers of premature infants in a neonatal intensive care unit. *Journal of clinical Nursing*, 28(3-4), 641-649. (IF1.635, Q1).
35. **Soh, K.G.**, Soh, K. L., Salimah, J., Ong, S. L., Azura, A. H., & Aminuddin, Y. (2018). Physical Activity and Health Promoting Lifestyle among Diploma Nursing Students in Int. Research Journal of Pharmacy and Technology, 11(6), 2331-2335.
36. **Soh, K. G.**, Salimah, J., Ong, S. L., & Soh, K. L. (2018). Physical Activity and Health Promoting Lifestyle among Bachelor of Nursing Students in Malaysia. *Research Journal of Pharmacy and Technology*, 11(7), 2906-2910.
37. Sani, M. A., Ismail, A. I., Arshad, M. M., Mungadi, A. I., **Soh, K. G.** and Soh, K. L. (2018). Experiences of People Living with Disorders of Sex Development and Sex Re-assignment: Meta-ethnography of Qualitative Studies. *Journal of Advanced Nursing*. (IF 2.267, Q1).
38. Ong, S. L., Khadijah, A., **Soh, K.G.**, Soh, K. L., Salimah, J. (2018). Stress and Anxiety among Mothers of Premature Infants in a Malaysian Neonatal Intensive Care Unit. *Journal of Reproductive and Infant Psychology*, 1-13. (IF 1.247, Q2).
39. **Soh, K. G.**, Rosna, A. R., Soh, K. L., Salimah, J., Ong, S. L., & Zeinab, G. (2018). Parents' Perceptions of Their Children Body Fat Percentage and Weight. *Research Journal of Pharmacy and Technology*, 11(8), 3371-3374.
40. Salimah, J., Nor Amalina, Y., Rosna, A. R., Abdurrahman, M. S., Azura, A. H., **Soh, K.G.**, & Soh, K. L. (2018). Knowledge, Attitude and Practice of Blood Donation among Undergraduate Students in a Public University, Malaysia. *Research Journal of Pharmacy and Technology*, 11(8), 3478-3482.
41. Rosna, A. R., **Soh, K. G.**, Soh, K. L., Salimah, J., Ong, S. L., & Zeinab, G. (2018). Rural Primary School Childran Body Fat and Their Parents' Physical Image Perceptions. *Int. Journal of Pharmaceutical Research*, 10(4), 9-14.
42. Azura, A. H., Soh, K. L., Airini, I., Salimah, J., Ong, S. L., Abdurrahman, M. S., & **Soh, K. G.** (2018). Nursing Workload in Relation to Nosocomial Infection in Public Hospital Intensive Care Unit, Malaysia. *Int. Journal of Pharmaceutical Research*, 10(4), 15-20.
43. Soh, K. L., Saliza, M. Y., Salimah, J., Sazlina, S. G., Santhi, Y. R. N., Ong, S. L., & **Soh, K. G. (2018)**. A study on oral care practices in intensive care units at two tertiary hospitals in Kelantan. *Int. Journal of Pharmaceutical Research*, 10(4), 21-26.
44. Sani, M. A., Ismail, A. I., Arshad, M. M., Mungadi, A. I., **Soh, K. G.** and Soh, K. L. (2018). Women with amenorrhoea while men with menstruation: Qualitative experiences of people with disorders of sex development in Nigeria. *Journal of Nursing Research*, 28(1), e67.

45. Ong, S.L., Abdullah, K. L., Danaee, M., C., **Soh, K. G.**, Lee, D. S. K., & Hussin, E. O. D. (2019). The effectiveness of a structured nursing intervention program on maternal stress and ability among mothers of premature infants in a neonatal intensive care unit. *J Clin Nurs.* 28(3-4):641-649 (IF 1.757, Q2).
46. Sani, M. A., Ismail, A. I., Arshad, M. M., Mungadi, A. I., **Soh, K. G.** and Soh, K. L. (2019). Experiences of People Living with Disorders of Sex Development and Sex Re-assignment: Meta-ethnography of Qualitative Studies. *Journal of Advanced Nursing.* 75(2), 277-290 (IF 2.267, Q1).
Soh, K. L., Davidson, P. M., Leslie, G., DiGiacomo, M., & **Soh, K. G.** (2019). Nurses' perceptions of the sustainability of a standardised assessment for preventing complications in a ICU: A qualitative study. *Contemporary Nurse*, 55(2-3), 221-236. (IF 1.365, Q2).
47. Azura Abdul Halain, Sukini Yusof, Airini Ibrahim, **Soh, K. G.**, Rosna Abdul Raman, Salimah Japar, Kim Lam Soh (2021). Knowledge of Endotracheal Suctioning Among Critical Care Nurses in Teaching Hospital Intensive Care Unit, Malaysia. *J Cardiovasc. Dis. Res.*, 12(2), 242-247.
48. Santhi Yew Roan Nee, Noor Najiharosdi, Azura Abdul Halain, Salimah Japar, **Soh, K. G.**, Swee Leong Ong, Kim Lam Soh (2021). Knowledge Regarding Human Papilloma Virus (HPV) Infection and Vaccine Among Health Science Undergraduate Students in Public University Malaysia. *J Cardiovasc. Dis. Res.*, 12(2), 248-253.
49. Zarina Binti Haron, Norhazirah Md Jani, Salimah Japar, Santhi Yew Roan Nee, Azura Abdul Halain, **Soh, K. G.**, Kim Lam Soh (2021). Knowledge of Gestational Diabetes Mellitus Among Antenatal Women in Obstetrics and Gynaecology Clinic, Public Hospital Malaysia. *J Cardiovasc. Dis. Res.*, 12(2), 260-265.
50. Jia Sheng Hon, Xiao Wen Ang, **Soh, K. G.**, Roxana Dev Omar Dev, Kim Lam Soh, Swee Leong (2021). The Effectiveness of Using Command and Guided Discovery Teaching Styles with Mobile Phone in Teaching Forearm Pass Skill and Enjoyment Among Primary School Students, *J Cardiovasc. Dis. Res.*, 12(2), 272-281.
51. **Soh, K. G.**, Jian Abdullah Noori, Kim Lam Soh, Swee Leong Ong, Mohad Anizu, M. N., Siswantoyo, M. K (2021). The Effect of Home-Based Intervention Program On Body Composition, Vo2 Max and Vital Capacity Among Sedentary Females Leaving in Unstable Country, *J Cardiovasc. Dis. Res.*, 12(2), 282-28865.
52. Azrool Afizie Ahmad, **Soh, K. G.**, Kim Lam Soh, Swee Leong Ong, Mohad Anizu, M. N., Siswantoyo, M. K., Jaka Sunardi, Rattanakes R (2021). The Comparison of Mental Toughness Between 2017 Sea Games Athletic Athletes and 2017 ASEAN Para Games Paralympic Athletic Athletes, *J Cardiovasc. Dis. Res.*, 12(2), 219-225.
53. Ab Rahman, Z., Kamal, A. A., Noor, M. A. M., & **Soh, K. G.** (2021). Reliability, Validity, and Norm References of Standing Broad Jump. *Revista Geintec-Gestao Inovacao E Tecnologias*, 11(3), 1340-1354.
54. Lohrasbipeydeh, E., **Soh, K. G.**, Dev, R. D. O., Ahrari, S., Leong, O. S., & Sunardi, J. (2021). Balance Comparison between Iranian Elderly with and without Knee Range of Motion Limitations. *Pertanika Journal of Social Sciences & Humanities*, 29.
55. Ismail, I. A., Arshad, M. M., Mungadi, I. A., & **Soh, K. G.** (2020). Meta-Ethnography of Quality of Life of People Living with Disorders of Sex Development and Sex Re-Assignment: A Systematic Review of Qualitative Studies. *Metropolitan Journal of Environmental & Health Research*, 99.
56. Sunardi, J., **Soh, K. G.**, Komarudin, K., Yuliarto, H., & Meikahani, R. (2021). Effect of blended learning, motivation, study hour on student learning achievement. *Jurnal Keolahragaan*, 9(2), 168-177.
57. Xiao, W., **Soh, K. G.**, Wazir, M. R. W. N., Talib, O., Bai, X., Bu, T., ... & Gardasevic, J. (2021). Effect of Functional Training on Physical Fitness Among Athletes: A Systematic Review. *Frontiers in Physiology*, 12.
58. Sun, H., **Soh, K. G.**, Roslan, S., Wazir, M. R. W. N., & Soh, K. L. (2021). Does mental fatigue affect skilled performance in athletes? A systematic review. *PloS one*, 16(10), e0258307.
59. Cao, S., **Soh, K. G.**, Roslan, S., Sun, H., Lam, S. K., & Qian, S. (2021). Mental Fatigue and Basketball Performance: A Systematic Review. *Frontiers in Psychology*, 12, 819081-819081.

60. Bai, X., **Soh, K. G.**, Dev, R. D. O., Talib, O., Xiao, W., & Cai, H. (2021). Effect of Brisk Walking on Health-Related Physical Fitness Balance and Life Satisfaction Among the Elderly: A Systematic Review. *Frontiers in Public Health*, 9.
61. Sun, H., **Soh, K. G.**, Samsilah Roslan, Mohd Rozilee, Zhendong Zhang, Haiwei Zhang, Zeyuan Wang, Zhaoxin Ma, & Haoxiang, Sima (2022). Does 45 min Stroop task Induce Mental Fatigue in University Soccer Players? A Pilot Study. Accepted to be published in *International Journal of Human Movement and Sports Sciences* 2022.
62. Hon Jia Sheng, Ang Xiao Wen, **Soh, K. G.**, Soh Kim Lam, Ong Swee Leong, Siswantoyo, Abdul Alim, Jaka Sunardi (2022). Comparing Sedentary Behaviour Among Teachers in Malaysia Based on Gender and Working Day. Accepted to be published in *International Journal of Human Movement and Sports Sciences* 2022.
63. Bai, X., **Soh, K. G.**, Omar Dev, R. D., Talib, O., Xiao, W., Soh, K. L., ... & Casaru, C. (2022). Aerobic Exercise Combination Intervention to Improve Physical Performance Among the Elderly: A Systematic Review. *Frontiers in Physiology*, 2311.
64. Xiao, W., **Soh, K. G.**, Bai, X., Bu, T., Wazir, M. R. N., Talib, O., ... & Zhan, C. (2022). Effect of Exercise Training on Physical Fitness Among Young Tennis Players: A Systematic Review. *Frontiers in Public Health*, 10.
65. Guo, W., **Soh, K. G.**, Zakaria, N. S., Baharuldin, M. T. H., & Gao, Y. (2022). Effect of Resistance Training Methods and Intensity on the Adolescent Swimmer's Performance: A Systematic Review. *Frontiers in Public Health*, 10.
66. Sun, H., **Soh, K. G.**, & Xu, X. (2022). Nature Scenes Counter Mental Fatigue-Induced Performance Decrements in Soccer Decision-Making. *Frontiers in Psychology*, 13.
67. He, S., **Soh, K. G.**, Norjali Wazir, M. R. W., Cong, D., Ting, X. T., & Dong, Z (2022). Can Self-Regulatory Strength Training Counter Prior Mental Exertion? A Systematic Review. *Frontiers in Public Health*, 1568.

(ii) **Non-Cited Journal**

1. **Soh, K. G.**, Ruby, H., M Nor' C. N., and Zaliha, O. (2003). Leg Strength Per Body Mass Ratio among Elite Malaysian Netball Players. *Australian Council for Health, Physical Education and Recreation (ACHPER) Healthy Lifestyles Journal*. V50 (2), 2003.
2. **Soh, K. G.**, Ruby, H., M Nor' C. N., and Zaliha, O. (2003). Leg Power among Malaysian Netball Players. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*. V9 (1), April 2003. Pp 32-39.
3. **Soh, K. G.** (2005). Anthropometric Profiles of Top Malaysian Netball Players. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*. V11 (4), 2005. Pp464-471.
 - a. The abstract of this paper was also published in Journal of Science and Medicine in Sport (Supplement):- **Soh, K. G.** (2005). Anthropometric profiles of top Malaysian netball players. *Journal of Science and Medicine in Sport (Supplement)*. V8 (4), Pp54. (ISI Impact Factor : 3.756)
4. **Soh, K. G.**, and Ruby, H. (2005). The effect of Eight-week Training Programme VO₂ Max and Body Composition. *Journal of Physical Education & Recreation (Hong Kong)*. V11 (2), 2005 Pp31-34.
5. **Soh, K. G.**, and Ruby, H. (2006). Sprint Ability among Malaysian Netball Players. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*. V12 (2), Pp214-219.
6. **Soh, K. G.**, and Soh, K. L. (2006). Somatotype and Body Fat Percentages among Malaysian Basketball Players. *Journal of Physical Education & Recreation (Hong Kong)*. V12 (1), Pp55-57.
7. **Soh, K. G.**, Ruby, H., and Soh, K. L. (2006). Fitness profile among Malaysian netball players. *Journal of Physical Education & Recreation (Hong Kong)*. V12 (2), Pp40-44.
8. **Soh, K. G.**, Ruby, H., and Soh, K. L. (2007). Physical Characteristics of Elite Malaysian Netball Players in Relation to their Playing Skill. *Journal of Physical Education & Recreation (Hong Kong)*. V13 (1). Pp54-57.

9. **Soh, K. G.**, Ruby, H., and Soh, K. L. (2007). Physical Profiles of Malaysian Basketball Players in three categories and by playing positions. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*. V13 (3). Pp 274-278.
10. Mohd. Sofian. O. F., **Soh, K. G.**, Marjohan, J., Oii, C. L., Maimunah, M, & Nizam, N. (2007). *Keyakinan di kalangan Atlet Sekolah Menengah: Sumber, Peranan dan Implikasi* (Confidence among Secondary School Athletes: Sources, Roles, and Implications). *Jurnal Penyelidikan Pendidikan*. Jilid 9, Disember 2007. 142-163.
11. Mohd. Sofian. O. F., Lee, H. S., **Soh, K. G.**, & Rozita, A. L. (2008). The relationship between the task and ego orientations and coping strategies among universities athletes. *The ICHPER.SD Journal of Research in Health, Physical Education, Recreation, Sport and Dance*. 3 (2), Pp107-111.
12. **Soh, K.G.**, Soh, K. L., Mohd Sofian O. F., Ong, S.L., Marjohan, J. and Noorzaliza, O. (2008). Body fat and Somatotype among Malaysian School Sports Council Netball Players by Playing Position. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*. 14 (4). 456-462.
13. **Soh, K.G.**, Soh, K. L., Marjohan J., Mohd Sofian O. F., Lim, P. Y. (2008). Body fat Percentage and Level of Aerobic Capacity among Students from Upper Primary School. *Journal of Physical Education & Recreation (Hong Kong)*. 14 (2). 58-62.
14. Mohd. Sofian. O. F., Lai W. W., **Soh, K. G.**, & Rozita, A. L. (2008). Sports anxiety among high school athletes. *Journal of Physical Education & Recreation (Hong Kong)*. V14 (2). Pp 44-48.
15. **Soh, K.G.**, Soh, K. L., Ruby, H., Mohd Sofian O. F., Aminuddin, Y., & Marjohan, J. (2009). Comparison of physical profile of Malaysian basketball and netball players by playing position. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*. 15 (2). 278-284.
16. **Soh, K.G.**, Soh, K. L., Ruby, H., Mohd Sofian O. F., Aminuddin, Y., Tan, H. Y., & Salimah, J. (2009). Assessment of Physical Activity of University Putra Malaysia Staff using a Pedometer. *African Journal for Physical, Health Education, Recreation and Dance (AJPHPER)*. 15 (4). 521-526.
17. Shahrin, A., Azila, J., Mohamad Rosli, B., Mohd. Zainuri, E., & **Soh, K.G.** (2009). Perbandingan Sikap Pelajar Lelaki dan Perempuan Terhadap Pelaksanaan Aktiviti Fizikal di Sekolah Menengah Terpilih (Comparison of male and female students' attitudes towards the implementation of physical activities in selected secondary schools). *Jurnal Penyelidikan Pendidikan IPG Kampus Tun Abdul Razak*, 2009-10, 121-131.
18. Mohamad Rosli, B., **Soh, K.G.**, Shahrin, A., Hishamuddin, B., & Ahmad Mohzir, A. B. (2009). Perbandingan Sikap Pelajar Aliran Sains dan Sastera Tingkatan Empat Terhadap Pelaksanaan Aktiviti Fizikal (Comparison of form fourth science stream and art stream student's attitude towards implementation of physical activity). *Jurnal Penyelidikan Pendidikan IPG Kampus Tun Abdul Razak*, 2009-10, 169-183.
19. Nazarudin, M. N., Mohd. Sofian, O. F., Marjohan, J., **Soh, K.G.**, & Din, A. (2009) Coaching Leadership Styles and Athlete Satisfactions among Malaysian University Basketball Team. *Research Journal of International Studies*, 9: 4-11. ISSN 1453-212X.
20. Aminuddin, Y., Mohd. Sofian, O. F, Parilah, S., & **Soh, K.G.** (2009). Exploring small-scale sport event tourism in Malaysia. *Research Journal of International Studies*, 9.
21. Mohd Sofian O. F., Manisah, M. A., **Soh, K. G.**, & Norazillah, I. (2010). The Participation Motive in the Paralympics. *Journal of Alternative Perspectives in the Social Sciences*, 2 (1), 250-272.
22. Mohd Sofian O. F., Tan, C. Z., **Soh, K.G.**, & Hyder, S. (2010). The Socio-Psychological Problems among Malay Youth around Flat Housing in Kuala Lumpur: A Case Study. *International Journal of Multidisciplinary Thought*, 1(2), 75 – 88.
23. Heng, S. Y., Mohd Sofian, O. F., & **Soh, K. G.** (2011). The Relationship between Imagery and Perception of Success among Male and Female High School Athletes. *Asian Journal of Physical Education & Recreation (Hong Kong)*, 17(2), 83-92.
24. **Soh, K. G.**, Aminuddin, Y., Mohd Sofian O. F., Soh, K. L., & Moh, H. K. (2012). Agility and Leg Power Comparison between Universities Indoor and Beach Volleyball Players. *Asian Journal of Physical Education & Recreation (Hong Kong)*, 18(1), 31-35.
25. Raweewat, R., **Soh, K. G.**, Maria Chong, A., & Mohd Sofian, O. F. (2012). The Losing-Weight of Elite's Footballer: A Case Study. *International Journal of Academic Research in Business and Social Science*, 2(11), 394-401.

26. Raweewat, R., **Soh, K. G.**, Maria Chong, A., & Mohd Sofian, O. F. (2012). Effect of Imagery Practice Program on Imagery Ability in Thailand Adolescent Cyclists. *International Journal of Academic Research in Business and Social Sciences*, 2(11), 114-133. ISSN: 2222-6990.
27. Roxana Dev, O. D., Ismi Arif, I., Mohd Sofian, O. F., Maria Chong, A., & **Soh, K. G.** (2012). Emotional Intelligence as a Potential Underlying Mechanism for Physical Activity among Malaysian Adults. *American Journal of Health Sciences* (3rd Quarter), 3(3); 211-221.
28. Soh, K.L., **Soh, K.G.**, Davidson, P.M. (2013). The Role of Culture in quality Improvement in the Intensive Care Unit. *Journal of Hospital Administration*. 2(2), 97-104.
29. Arporn, P., Aminuddin, Y., Parilah, M. S., & **Soh, K. G** (2013). Sport Spectatorship Motives of Malaysian University Students. *International Journal of Sport Studies*, 3 (2), 199-204.
30. Shamsharizal Abd. Aziz, **Soh, K. G.**, M.S Omar-Fauzee, Yahya Don, Yaakob Daud, Nagoor Meera Abdullah, Vincent Parnabas, Mohd Nizam Nazarudin, Nina Sustrena (2013). The Attribution Roles and Self-Efficacy in Determining Individual Exercise Behavior. *International Journal of Management Sciences*, 1(10), 405-415.
31. Mohd Sofian, O. F., Yahya, D., Norinda, S., Nagoor, M. A., Vincent, P., Mohd. Nizam, N., & **Soh, K. G.** (2014). The student-athletes coping strategy and sources of stress. *International Journal of Physical and Social Sciences*, 4(3), 386-405.
32. Khaled Khalifa, D., **Soh, K. G.**, Aminuddin, Y., & Muhammad Nazrul, H. (2014). Coronary Heart Disease Risk Factors and Lifestyle Parameters of Malaysian Adolescents. *Journal of Advances in Humanities*, 3(1), 161-166.
33. Khaled Khalifa, D., **Soh, K. G.**, Aminuddin, Y., & Muhammad Nazrul, H. (2014). The Differences In Coronary Heart Disease Risk Factors and Lifestyle Parameters Between Arab and Malaysian Adolescents. *Journal of Advances in Humanities*, 3(1), 167-174.
34. **Soh. K. G.**, Aminuddin, Y., Soh, K. L., Salimah, J., Ong, S. L., & Mohd. Sofian, O. F. (2015). Physical activity and health-promoting lifestyle of student nurses in Malaysia. *Journal of Biosciences and Medicines*, 3(3), 78-87.
35. Jorrye, J., **Soh, K. G.**, & Mohd Sofian, O. F. (2015). Impact of self-talk among university futsal player in University Putra of Malaysia: A qualitative approach, *South-East Asian Journal for Youth, Sports & Health Education*, 1(1) 1-8.
36. Ghiami, Z., **Soh, K. G.**, Mohd. Sofian, O. F., & Soh, K. L. (2015). Examining a stage-based intervention and predictors of exercise behavior among Iranian sedentary adolescents. *International Journal of Kinesiology & Sports Science*, 3(1), 9-14.
37. Ghiami, Z., Karim, K., **Soh, K. G.**, & Samsilah, R. (2015). Comparison of mental health components among athlete and non-athlete adolescents. *International Journal of Kinesiology & Sports Science*, 3(3), 33-37.
38. Ghiami, Z., **Soh, K. G.**, & Mohd. Sofian, O. F. (2015). The perceptions of physical education coaches on the reasons behind burnout. *European Journal of Sports and Exercise Science*, 2015, 4 (1), 10-15.
39. Soh, K. L., Eusni Rahayu, M. T., Salimah, J., **Soh, K. G.**, Norhaslinda, A. R., Rosna, A. R (2015). Anemia among Antenatal Mother in Urban Malaysia, *Journal of Biosciences and Medicines*, 3(3), 6-11.
40. Salimah, J., Soh, K. L., **Soh, K. G.**, & Rosna, A. R. (2015). The influence of culture on analgesic consumption: a retrospective study among Malaysian patients after breast cancer surgery. *Journal of Biosciences and Medicines*, 3(3), 12-17.
41. Mothna, M., **Soh, K. G.**, Tengku Fadilah, T. K., & Farah Layth, N. (2016). Identify the Tests to Measure Physical Characteristics and Basic Skills for the Football Players in Iraq. *International Journal of Kinesiology & Sports Science*, 4(3), 18-23.
42. Farahnaz, D., Nahal, S., Arghavan, S., & **Soh, K. G.** (2016). Yoga for Mental Health of Children: A Short Review. *Revista Pesquisa Em Fisioterapia*, 6(4):491-499.
43. Jasmine, C.H. L., **Soh, K. G.**, Otman, T., Aminuddin, Y. (2017). Persepsi Atlet Pelajar: Tingkah Laku Kejurulatihan Sukan Balapan dan Padang (*Perceptions of Student Athletes: Track and Field Coaching Behavior*). *Malaysian Journal of Movement, Health & Exercise*. 6 (2); 135-145.

44. Aminuddin, Y., Jacklyn, J., & **Soh, K. G.** (2017). Application of the Psychological Continuum Model to Understand Customers' Involvement and Satisfaction in A Fitness Center. *Malaysian Journal of Movement, Health & Exercise*, 6(2); 53-60.
45. Nurhasni, M. N., Mohamad Faithal, H., Syed Kamaruzaman, S. A., Jane Francisca, S., & **Soh, K. G.** (2017). *Kebolehppercayaan Coaching Behavior Scale for Sport Dan Sport Motivation Scale Versi Bahasa Melayu: Satu Kajian Rintis* (Reliability of Coaching Behavior Scale for Sport and Sport Motivation Scale Malay Version: A Pilot Study). *Journal kepimpinan Pendidikan*, 4 (4): 56-64.
46. Jaya Kumaran, G., **Soh, K. G.**, Aminuddin, Y., & Mohd Sofian, O. F. (2019). Persepsi Atlet Terhadap Gaya Kepimpinan Jurulatih Bola Sepak Sekolah Yang Digemari Dengan Gaya Kepimpinan Sebenar Jurulatih Bola Sepak Di Daerah Alor Gajah, Melaka. *Malaysian Journal of Movement, Health & Exercise*, 8(1), 123-133.
47. Feaizul Mohd Din, **Soh, K. G.**, Nurul Huda Eskak, & Siswantoyo M. Kes (2019). Analisis Jumlah Pengambilan Kalori, Kalsium Dan Protein Serta Hubungannya Dengan Kepadatan Mineral Tulang Dalam Kalangan Warga Tua. *Malaysian Journal of Movement, Health & Exercise*, 8(2), 81-98.
48. Khaled Khalifa Dougman, Kirsten Jean Orr, **Soh, K. G.**, Aminuddin Yusof, Kim Lam Soh (2019). Exploring the Trend for Physical Activity Amongst International Students Studying Within Malaysian Universities. *Journal of Pharmaceutical Research*, December 2019, 1-9.
49. Amir Bahram Kashiani, **Soh, K. G.**, Aminuddin Yusof, & Kim Lam Soh (2019). Effects of 12 Weeks Combined Weight and Chain Versus Combined Weight and Elastic Band Variable Resistance Training on Upper and Lower Body Muscular Strength and Endurance Among Recreational Weight-Lifter Males in Iran. *Int. Journal of Pharmaceutical Research*, December 2019, 1-13.
50. Kashiani, A. B., **Soh, K. G.**, Soh, K. L., Ong, S. L., & Kittichottipanich, B. (2020). Effects of 8 weeks' single set versus multiple-set resistance training on upper and lower body muscular strength among untrained males in Iran. *Malaysian Journal of Movement, Health & Exercise*, 8(2), 153-163.
51. Kashiani, A. B., **Soh, K. G.**, Soh, K. L., Ong, S. L., & Kittichottipanich, B. (2020). Comparison between two methods of variable resistance training on body composition, muscular strength and functional capacity among untrained males. *Malaysian Journal of Movement, Health & Exercise*, 9(1), 45-66.
52. Kashiani, A. B., **Soh, K. G.**, Soh, K. L., Ong, S. L., & Kittichottipanich, B. (2020). Effects of 12 weeks combined weight and chain versus combined weight and elastic band variable resistance training on upper and lower body muscular strength and endurance among untrained males in Iran. *Malaysian Journal of Movement, Health & Exercise*, 9(1), 121-139.
53. Wensheng, X., **Soh, K. G.**, Wazir, M. R. W. N., bin Mohd Nasiruddin, N. J., & Xiaorong, B. (2021). Construction of the skill related physical fitness evaluation index system of Chinese Young male tennis players. *Malaysian Journal of Movement, Health and Exercise*, 10(1), 18.

COPYRIGHT

Type: **Copyright Circuit for Agility Test** Year: 2015 Date: 21 May 2015
 Title: Marjani Agility Test - Copyright instrument to measure agility especially for Karate.

Type: **Copyright Nursing Guideline** Year: 2017 Date: 12 September 2017
 Title: Nursing Protocol for Dengue

Type: **Copyright Exercise Protocol** Year: 2019 Date: 20 September 2019
 Title: Exercise Protocol for Strength Training.

BOOKS EDITOR

1. **Soh, K. G.**, Mohd Sofian, O. F., Kok, L. Y., & Muhd Khaizer, O. (2009). *Kajian Sukan di Malaysia Jilid 1* (Sports Studies in Malaysia Volume 1). UPM Publisher.
2. **Soh, K. G.**, Mohd Rezilee, W. N., Chee, C. S. (2014). *Kajian Sukan di Malaysia Jilid 2* (Sports Studies in Malaysia Volume 2). UPM Publisher.

BOOK CHAPTERS

1. **Soh, K.G.**, Soh, K.L., and Tan, H.Y. (2008). Physical activity status among UPM female staff. In *'Issue in Sport Science and Physical Education'*. UPM Publisher. Pp121-124
2. **Soh, K.G.**, Soh, K. L., Mohd Sofian O. F., O. F. Aminuddin, Y., & Mohd. Salleh, A. (2009). *Aktiviti fizikal untuk kesihatan: Suatu tinjauan (Physical activity for health: An overview)*. In *Kajian Sukan di Malaysia Jilid 1*. UPM Publisher, Pp35-45.
3. **Soh, K.G.**, Soh, K. L., Roxana Dev, O. D., Borhannudin, A., & Noorzaliza, O. (2009). *Somatotaip pemain bola jaring MSSM 2006 berdasarkan posisi pemain (Somatotype among 2006 MSSM Netball Players based on Playing Position)*. In *Kajian Sukan di Malaysia Jilid 1*. UPM Publisher, Pp75-85.
4. Roxana Dev, O. D., Vasanthi, P, Aminuddin, Y., **Soh, K.G.**, & Mohd Sofian O. F., O. F. (2009). *Perbandingan persepsi imej badan dan indeks jisim badan (BMI) antara remaja perempuan melayu di bandar dan luar Bandar di Gombak (Comparison of body image perception and body mass index (BMI) among Malay female adolescents in urban and rural areas in Gombak)*. In *Kajian Sukan di Malaysia Jilid 1*. UPM Publisher, Pp35-45.
5. **Soh, K. G.**, Aminuddin, Y, Soh, K. L, Zainol Rashidi, M. N., & Siti Zarifah, A. (2014). *Penilaian masa pengajaran Pendidikan Jasmani selama 80 minit di sekolah menengah (Assessment of 80 minutes teaching time for Physical Education in secondary schools)*. In *Kajian Sukan di Malaysia Jilid 2*. UPM Publisher, Pp17-28.
6. Jorrye, J., **Soh, K. G.**, Aminuddin, Y., & Mohd Sofian, O. F. (2014). *Penggunaan Positive Self-Talk dalam kalangan pemain futsal Universiti Di Malaysia (Positive Self-Talk among University Futsal Players in Malaysia)*. In *Kajian Sukan di Malaysia Jilid 2*. UPM Publisher, Pp66-81.
7. Siti Zarifah, A., **Soh, K. G.**, Chee, C. S, Roxana Dev, O. D, & Muhammad Fairus, H. (2014). *Penilaian masa pengajaran Pendidikan Jasmani selama 40 minit di sekolah menengah (Assessment of 40 minutes teaching time for Physical Education In secondary schools)*. In *Kajian Sukan di Malaysia Jilid 2*. UPM Publisher, Pp89-100.

EDITOR FOR PROCEEDINGS

1. **Soh, K. G.**, Abu Bakar, M. R., Liliati, I., Noreen, N., & Shahrul Raziz, S. (2018). *Proceeding of Movement, Health & Exercise Conference 2018 (MoHE 2018): Faster, Higher, and Stronger: Technology Advancements in Sports & Physical Education)*. Hotel Tenera, Bangi, Malaysia.
2. **Soh, K. G.**, Abu Bakar, M. R., Liliati, I., Noreen, N., & Shahrul Raziz, S. (2018). *Proceeding 8th ASEAN Universities Conferene on Physical Education and Sports Science (ACPES 2018 Conference)*. Mardi Training Centre, Serdang, Malaysia.
3. Aminuddin, Y., & **Soh. K. G.** (2014). *Proceeding Seminar Penyelidikan Pendidikan dan Pembangunan Sumber Manusia 2014: Memperkasa Pendidikan Melalui Penyelidikan ke Arah Kesejahteraan Hidup Masyarakat*. Faculty of Educational Studies, Universiti Putra Malaysia, Malaysia.
4. **Soh, K. G.**, Nur Surayyah M. A., Soh, K. L., & Khaled Khalifa, M. (2012). *Proceeding 2nd ASEAN Universities Conferene on Physical Education and Sports Science*. Universiti Putra Malaysia, Malaysia.

TECHNICAL REPORTS

1. Soh, K, L., Niazlin, M. T., Salimah, J., Ong, S. L., Rosna, A. R., & **Soh, K. G.** (2016). *Dengue Mortality in Malaysia Government Hospital: What Have We Learn in Nursing Perspectives*. Report prepared for World Health Organisation (WHO).
2. Ramli, B., Shaffe, M. D., Roxana Dev, O. D., **Soh, K. G.**, Borhannudin, A., Ahmad Fauzi, M. A., Ismi, A. I., Anisah, B., & Loh, S. P. (2015). *Kajian Kesan Susu PS1M Terhadap Pertumbuhan Fizikal Murid di Malaysia (Effect of PS1M Milk Programme on physical development in school students in Malaysia)*. Report prepared for Bahagian Pengurusan Sekolah Harian (BPSH), Ministry of Education (*Kementerian Pendidikan Malaysia*) and Konsuma Sdn. Bhd.
3. Ramli, B., Shaffe, M. D., Roxana Dev, O. D., **Soh, K. G.**, Borhannudin, A., Ahmad Fauzi, M. A., Anisah, B., & Loh, S. P. (2015). *Kajian Impak Projek Khas 3C (Cabaran.Cergas.Ceria) Terhadap Murid (Impact study on 3K and 3C Special Projects – Challenge.Fitness.Cheeful on students)*.

Report prepared for Bahagian Pengurusan Sekolah Harian (BPSH), Ministry of Education (*Kementerian Pendidikan Malaysia*) and Dutch Lady Milk Industries Malaysia Sdn. Bhd.

4. Ramli, B., Shaffe, M. D., Roxana Dev, O. D., **Soh, K. G.**, Borhannudin, A., Ahmad Fauzi, M. A., Anisah, B., & Loh, S. P. (2016). *Kajian Keberkesanan Program Patrol Denggi di Sekolah* (Study on the effectiveness of the Dengue Patrol Program (PDP) in school). Report prepared for Bahagian Pengurusan Sekolah Harian (BPSH) dan Ministry of Education (*Kementerian Pendidikan Malaysia*).

NEWSLETTER

Publisher: **Kosmo** Year: 2015 Date: 15 December 2015
Title: *Taman pembelajaran pelangkap bilik darjah* (Learning garden compliment classroom learning).

Publisher: **Kosmo** Year: 2015 Date: 11 August 2015
Title: *Manfaat intervensi taman di sekolah* (Benefits of park intervention in schools).

Publisher: **Kosmo** Year: 2015 Date: 19 April 2015
Title: *Taman sensori kanak-kanak* (Children's sensory park).

Publisher: **Berita Harian** Year: 2017 Date: 23 May 2017
Title: *Ketagihan gejet punca remaja hilang keyakinan diri* (Gedgets addition causes teenagers to lose confidence).

Publisher: **Berita Harian** Year: 2018 Date: 31 May 2018
Title: *Tangani LGBT sejak peringkat sekolah* (Preventing LGBT starting from school).

RESEARCH GRANT

(i) International Grants

No.	Role	Research Title & Amount	Year	Type /Status
1.	Member	Factors contributing to dengue mortality in Malaysian government hospitals: Nursing perspectives. (USD15,000.00) @RM68,250.00.	2015	<ul style="list-style-type: none"> ▪ World Health Organisation (WHO) ▪ Completed
2.	Lead researcher	A comparative study of service quality and decision process of campus fitness center users in Thailand. (57,000 -Thai Bath) @RM6,840.00	2016	<ul style="list-style-type: none"> ▪ Mahasarakam University ▪ Completed
3.	Lead researcher	Exercise behavior comparison between Universiti Putra Malaysia physical education students and Mahasarakam University sports science students. (57,000 -Thai Bath) @RM6,840.00	2016	<ul style="list-style-type: none"> ▪ Mahasarakam University, Thailand ▪ Completed
4.	Member	Career Development of Foreign Trained Nurses in Malaysia. (1,812,800 - Yen) @ RM66,868.00.	2018	<ul style="list-style-type: none"> ▪ JETRO, Japan ▪ Completed
5.	Lead researcher	Pengaruh <i>Blended Learning</i> , Motivasi, Jam Belajar, Terhadap Prestasi Belajar Mahasiswa <i>Effect of Blended, Motivation, Lesson Hour and Student Learning Achievement</i> . (35.000.000,00 – Rupiah) @ RM 10,304.81.	2020	<ul style="list-style-type: none"> ▪ Universitas Negeri Yogyakarta (UNY), Indonesia ▪ Completed

No.	Role	Research Title & Amount	Year	Type /Status
6.	Lead researcher	Perilaku Hidup Bersih dan Sehat Mahasiswa Pendidikan Olahraga Universitas Negeri Yogyakarta Dan Universiti Putra Malaysia Sebagai Upaya Mencegah Penyebaran Covid19. (35.000.000,00 – Rupiah) @ RM 10,304.81.	2020	<ul style="list-style-type: none"> ▪ UNY, ▪ Indonesia Completed
7.	Lead researcher	Perbedaan Penggunaan Media Pembelajaran di Fakultas Ilmu Keolahragaan Universitas Negeri Yogyakarta Dengan Universitas Putra Malaysia di Masa Covid-19. (35.000.000,00 – Rupiah) @ RM 10,304.81.	2020	<ul style="list-style-type: none"> ▪ UNY, Indonesia Completed
8.	Lead researcher	<i>Comparing Sedentary Behavior Between Primary Teacher in Malaysia and Indonesia.</i> (35.000.000,00 – Rupiah) @ RM 10,304.81.	2020	<ul style="list-style-type: none"> ▪ UNY, Indonesia Completed

(ii) National Private Grants

No.	Role	Research Title & Amount	Year	Type /Status
1.	Member (Head - Chinese school)	<i>Kajian impak Projek Khas 3K dan 3C (Cabaran.Cergas.Ceria) terhadap murid.</i> (RM70,000.00) Impact study on 3K and 3C Special Projects (Challenge.Fitness.Cheerful) on students.	2015	<ul style="list-style-type: none"> ▪ Dutch Lady Sdn. Bhd & Hybrid Allied Sdn Bhd. Completed
2.	Member (Head - Chinese school)	<i>Kesan susu PS1M terhadap pertumbuhan murid.</i> (RM380,000.00). The effect of PS1M Milk Supplement on student's growth.	2015	<ul style="list-style-type: none"> ▪ Milk Consortium & Konsuma Sdn. Bhd. Completed
3.	Member (Head - Chinese school)	<i>Kajian Keberkesanan Program Denggi Patrol (PDP) di sekolah.</i> (RM52,000.00). Study on the effectiveness of the Dengue Patrol Program (PDP) in school.	2016	<ul style="list-style-type: none"> ▪ Sanofi Pasteur Sdn. Bhd & Bhg Pengurusan Sek. Harian KPM Completed

(iii) National Government Grants

No.	Role	Research Title & Amount	Year	Type /Status
1.	Lead researcher	Suatu kajian terhadap komponen-komponen kecergasan terpilih di kalangan pemain-pemain bola jaring di Malaysia. (RM10,000.00) A study on selected fitness components among netball players in Malaysia.	1999	<ul style="list-style-type: none"> ▪ Short Term Research Grant Completed
2.	Lead researcher	Body fat comparison among netball and basketball players in Malaysia. (RM10,000.00)	2000	<ul style="list-style-type: none"> ▪ Short Term Research Grant Completed
3.	Lead researcher	Somatotype and anthropometric measurement comparison among Malaysian netball and basketball players. (RM56,280.00).	2003	<ul style="list-style-type: none"> ▪ IRPA EAR-7 (3-2003) RMKe-8 Grant
4.	Lead researcher	UPM staff involvement in sports and physical activity (RM29,500.00).	2007	<ul style="list-style-type: none"> ▪ FRGS – KPT Completed
5.	Member	Oral care practices among critical care nurses in	2007	<ul style="list-style-type: none"> ▪ FRGS – KPT

		the east coast of Peninsular Malaysia. (RM30,000.00).		▪ Completed
6.	Member	Attitude towards exercise among school teachers in Malaysia. (RM156,280,00)	2007	▪ E-Science Grant RMKe-9 ▪ Completed
7.	Member	Nursing students' and nurse's educators' perception of effective clinical nurse teachers in Terengganu nursing colleges in east coast of Peninsular Malaysia. (RM20,000.00)	2008	▪ University Darul Iman Malaysia Grant ▪ Completed
8.	Member	<i>Penglibatan belia dan masyarakat dalam sukan.</i> (RM220,000.00) The involvement of youth and society in sports.	2009	▪ Ins.Penyelidikan Pembangunan Belia Malaysia (KBS) ▪ Completed
9.	Member	In depth study of the manpower needs in the Malaysian sports industry. (RM124,810.00).	2011	▪ KPTM (Bhg Sukan) ▪ Completed
10.	Member	Medication administration errors among nurses in the medical surgical wards. (RM80,000.00).	2014	▪ FRGS, KPM ▪ Completed
11.	Member	A model for understanding the effect of E-Intelligence, S-Intelligence, social support on self efficacy and health behaviour. (RM52,000.00).	2016	▪ FRGS ▪ Completed
12.	Lead researcher	Comparison of Knowledge and Perception about Sports Massage between National Athletes and Coaches. (RM4,400.00)	2021	▪ National Sports Institute of Malaysia ▪ On-going

(iv) Research University Grant (RUG)

No.	Role	Research Title & Amount	Year	Type /Status
1.	Lead researcher	Establishment of the correlation between fitness, fatness, and coronary heart disease risk among Malaysian adolescents. (RM72,000.00).	2007	▪ RUG ▪ Completed
2.	Member	Developing new nursing practice guidelines to control hospital-acquired infection. (RM60,000,00)	2007	▪ RUG ▪ Completed
3.	Member	<i>Tinjauan sejauhmana pelaksanaan pengajaran Pendidikan Jasmani dan Kesihatan di sekolah menengah di semenanjung Malaysia.</i> (RM30,000.00) An overview on the implementation of teaching physical education and health in secondary schools in Peninsular Malaysia.	2008	▪ RUG ▪ Completed
4.	Lead researcher	Physical activity and lifestyle comparison between Malaysian and Australian University nursing students. (RM183,500.00)	2010	▪ RUG Berimpak ▪ Completed
5.	Lead researcher	The relationship of physical activity, coronary heart disease (chd) risk factors, fitness level, and body composition between Malaysian and international adolescent students in international schools. (RM15,000.00).	2012	▪ RUG ▪ Completed

6.	Member	Obesity and perception toward obesity among students in Terengganu and Selangor. (RM30,000.00).	2012	<ul style="list-style-type: none"> ▪ RUG ▪ Completed
7.	Member	Prevention of intensive care units related complications in Malaysia: nursing perspectives (PICO Study). (RM120,000.00).	2012	<ul style="list-style-type: none"> ▪ RUG Berimpak ▪ Completed
8.	Lead researcher	The effect of karate pilate exercises combined with karate training (kpt) on core muscle strength and flexibility among karate players in Malaysia. (RM15,000.00).	2013	<ul style="list-style-type: none"> ▪ PUTRA Grant ▪ Completed
9.	Member	The relationship between culture of major ethnic groups and pain experience among post-surgical patients in Malaysia. (RM43,740.00).	2014	<ul style="list-style-type: none"> ▪ PUTRA Grant ▪ Completed
10.	Lead researcher	Designing an intervention programme to improve physiological variables, physical activity, mental health and dietary behaviore among undergraduate female students in Malaysia. (RM15,000.00).	2015	<ul style="list-style-type: none"> ▪ PUTRA Grant ▪ Completed
11.	Member	Assessment of the teaching curriculum and the development Of design guidelines for green outdoor environment for children with learning difficulties at primary schools in Malaysia. (RM22,500.00).	2015	<ul style="list-style-type: none"> ▪ Putra Grant ▪ Completed
12.	Lead researcher	Effects of combined weight and chain versus combined weight and elastic band resistance training on muscular endurance, strength and body composition among Iranian adults. (RM15,000.00).	2017	<ul style="list-style-type: none"> ▪ PUTRA Grant ▪ Completed
13.	Lead researcher	<i>Senaman sensori berliter untuk murid-murid bermasalah pembelajaran di Program Pendidikan Khas Integrasi Sekolah Kebangsaan Serdang. (RM140,000.00)</i> Circuit Sensory Exercises for Students with Learning Disability in Special Integrated Education Program at Serdang National School.	2018	<ul style="list-style-type: none"> ▪ PUTRA Berimpak ▪ On-going
14.	Lead researcher	Compare the effectiveness of using Command Teaching Style (TCL) and Guided Discovery Teaching Style (SCL) with and without hand phone in teaching volleyball skills and the resulting levels of enjoyment among primary school students. (RM20,000.00)	2021	<ul style="list-style-type: none"> ▪ FPP Grant ▪ On-going

CONSULTANCY & PROFESIONAL ROLES

(i) Program Examiner

University, Year, and Program
University: Open University Malaysia - 2019 Program: Bachelor of Teaching Degree With Honours (SMK) / <i>Program Sarjana Muda Keguruan Dengan Kepujian (SMK)</i> .
University: Open University Malaysia - 2009-2013 Program: Degree of Bachelor of Teaching (Primary Education) with Honours
University: Universiti Putra Malaysia - 2012-2014 Program: Bachelor of Education (Physical Education)

(ii) Editorial Board

University, Year, and Program
University: Cairo University, Egypt - 2011 Journal: Theories & Applications, the International Edition (TAIE)
Publisher: The Association of Indonesia Scholars of History Education (ASPENSI) - 2015 Journal: South-East Asian Journal for Youth, Sports & Health Education.
Publisher: Science Publishing Groups - 2018 Journal: American Journal of Bioscience and Bioengineering
Publisher: Academy of Science - 2019 Journal: ASM Science Journal

(iii) Research Grant Evaluator Ministry of Higher Education, Malaysia.

Ministry, Year, and Program
Ministry: Ministry of Higher Education, Malaysia - 2015 Program: Social Science
Collage: Malaysian Teaching Colleges, Malaysia - 2015. Program: Social Science
University: University Putra Malaysia, Malaysia - 2015 Program: Social Science

(iv) Invited Speaker

Conference, Year, Organiser
Conference: Seminar Kesihatan Wanita: Gaya Hidup Sihat - 2007 Organiser: PERMATA UPM Title: Exercise and Active Lifestyle (<i>Senaman dan Gaya Hidup Sihat</i>).
Conference: Seminar Akademi Sukan Siri ke-4 - 2007 Organiser: Sports Academy (<i>Akademi Sukan</i>), UPM Title: Physical Activity in Malaysian: An Overview
Conference: ISCA World Congress 2007, Kuala Lumpur, Malaysia - 2007 Organiser: Ministry of Youth and Sports, Malaysia. Title: How Healthy Are Universities' Staffs and Academicians?
Conference: Seminar Telekom Malaysia 2008, Taiping, Perak. Organiser: Telekom Malaysia Berhad. Title: Fitness and Health
Conference: International Conference on Education and Social Science (ICESS) Malaysia - 2017

Organiser: Nabu Research Academy Title: Physical Activity, Fitness and Technology: Malaysian Scenario.
Conference: SAKURA Science Plan - 2017 Organiser: Japan Science and Technology Agency, Japan Title: 1 - The current situation of lifestyle related diseases in Malaysia. 2 - Rehabilitation and physical support available in Malaysia.
Conference: 4th International Conference in Physical Education and Sports Science - 2018 Organiser: University of Babylon, Iraq Title: Effects of a Home-based Programme on Physical Activity among Undergraduate Female Students in Iraq.
Conference: The 6th International Scientific Conference of Sports Science Malaysia - 2018 Organiser: Arab Science Academy of Sports Science and the International Academy of Sport Technology in Sweden. Title: Sitting Time and Physical Activity: Malaysian Scenario.
Conference: 80th Anniversary Ceremony of Suan Sunandha Rajabhat University (SSRU), Bangkok, Thailand - 2018 Organiser: Suan Sunandha Rajabhat University Title: How Physically Active are Malaysian Nursing Students.
Conference: 4th Saint Elisabeth International Conference, Medan, Indonesia – 2019 Organiser: Sek. Tinggi Ilmu Kesehatan (STIKes) Santa Elisabeth Medan Title: Disaster Education in The World Education.
Conference: 1st International Scientific Conference on Sports Science, Thailand – 2019 Organiser: Iraq Sport Scientific Association Title: Obesity Risk Overtaking Smoking
Conference: Wellness Jo Conference – Toward Healthy Lifestyle, Jordan - 2020 Organiser: Actness Title: Exercise is Medicine
Conference: The 3rd International Conference in Sports Science – Jordan, Virtual - 2021 Organiser: University of Jordan Title: Combined Exercises Program During Covid-19 Pandemic

(iv) Reviewer Books & Journals

Publisher, Year, Type, & Title
Publisher: UPM Press , Year: 2008, Type: Book Title: Seminar on Research and Human Resource Development. (<i>Seminar Penyelidikan dan Pembangunan Sumber Manusia</i>).
Publisher: UPM Press , Year: 2010, Type: Book Title: Coaching athletes with disabilities.
Publisher: Ministry of Education (KPM) , Year: 2016, Type: Text Book Title: Textbook for Secondary School Curriculum Standard (KSSM) years 2016. (<i>Buku Teks Kurikulum Standard Sekolah Menengah (KSSM) tahun 2016</i>).
Publisher: Malaysian Association for Physical Education, Sports Science and Fitness (PPJSKM) , Year: 2002, Type: Journal
Publisher: ISN Bulletin , Year: 2008. Type: Bulletin
Publisher: World Applied Sciences Journal , Year: 2011, Type: Journal
Publisher: Theories & Applications, the International Edition (TAIE) , Year: 2012, Type: Journal
Publisher: MACFEA National Seminar , Year: 2015, Type: Conference Paper
Publisher: Movement, Health & Exercise Journal (MoHE) , Year: 2016, Type: Journal
Publisher: GEOMATE Journal , Year: 2016, Type: Journal
Publisher: PERTANIKA , Year: 2016, Type: Journal
Publisher: Burapha University , Year: 2017, Type: Conference Paper

Publisher: Malaysian Journal Of Public Health Medicine (MJPHM) , Year: 2017, Type: Journal
Publisher: British Journal Of Medicine And Medical Research , Year: 2017, Type: Journal
Publisher: Movement, Health & Exercise Journal (MoHE) , Year: 2018, Type: Journal
Publisher: Journal of Taibah University , Year: 2020, Type: Journal
Publisher: Frontier Psychology , Year: 2021, Type: Journal

AWARDS & RECOGNITION

- **Visiting Scholar**
Curtain University of Technology in Sydney, Australia from January 2011- May 2011.
Research Title
Comparing physical activity levels and lifestyle comparison between Malaysian and Australia University nursing Students.
- **SAKURA Science Plan (Sponser by Japan Science and Technology Agency)**
Selected to represent Malaysia from 4-12 November 2017 (among 4 other ASEAN countries; Thailand, Brunai, Vietnam, and Combodia) in Kagawa, Japan.
Research Title
 - i. Current situation of lifestyle related diseases in Malaysia.
 - ii. Rehabilitation and physical support available in Malaysia.
- **Nobel-Laureatte Insiatif Program funded by Research Managament Centre, Universiti Putra Malaysia**
Selected to represent UPM to initiate research collaboration project with Hannover Olympic Service Center and University of Leipzig, Germany from 18-31 May 2018, Hannover, Germany.
- **Visiting Profesor**
Faculty of Sport Sciences, Universitas Negeri Yogyakarta, Indonesia from 5th October 2020. Online lecture and involved in 4 reserch projects.
- **Visiting Prodesor**
Physical Education School, Henan University, China from 16th October 2020.
Title: Healty living: The Roles of Physical Education Teachers.

Research Related Awards

1.	<u>Bronze Medallist</u> (Medical and Health Science category). Exhibition of Invention, Research and Innovation UPM 2002 organized by the Research Management Centre, University Putra Malaysia. <u>Research Title</u> Leg Strength Per Body Mass Ratio among Malaysian Netball Players.
2.	<u>Gold Medallist</u> (Social Sciences and Humanities category). Exhibition of Invention, Research and Innovation UPM 2003 organized by the Research Management Centre, University Putra Malaysia. <u>Research Title</u> Aerobic and Strength Training: Impact on VO ₂ max and Body Composition.
3.	<u>Bronze Medallist</u> (Social Sciences and Humanities Category). Exhibition of Invention, Research and Innovation UPM 2006 organized by the Research Management Centre, University Putra Malaysia. <u>Research Title</u> Fitness Profile among Malaysian Netball Players.
4.	<u>Bronze Medallist</u> (Social Sciences and Humanities Category). Exhibition of Invention, Research and Innovation UPM 2007 organized by the Research

	Management Centre, University Putra Malaysia. <u>Research Title</u> <i>Tahap Status Aktiviti Fizikal Dalam Kalangan Staf UPM/Physical Activity Status among UPM Staff.</i>
5.	Silver Medallist (Social Sciences and Humanities Category). Exhibition of Invention, Research and Innovation UPM 2010 organized by the Research Management Centre, University Putra Malaysia. <u>Research Title</u> Assessment of Physical Activity of University Putra Malaysia Staff with using a pedometer.
6.	Floria Garden Creative Award (Floria Garden Showcase 2014 - Primary School Category). The Putrajaya Flower & Garden Festival 2014 organized by Perbadanan Putrajaya and Ministry of Federal Territories, Putrajaya. <u>Exhibition Title</u> Putrajaya 2014 Floria Mesmerizing Colours.
7.	Floria Special Jury Award (Floria Garden Showcase 2013 – Primary School Category). The Putrajaya Flower & Garden Festival 2013 organized by Perbadanan Putrajaya and Ministry of Federal Territories, Putrajaya. <u>Exhibition Title</u> Orchid Tropical Treasure.
8.	3 Gold Medal at the International Putra InnoCreative Poster Competition International Putra InnoCreative Carnival in Teaching and Learning 2020, 22nd - 30th October 2020, Universiti Putra Malaysia. <u>Research Title:</u> i. Cardiovascular Fitness and Body Fat Percentage Improvement with Guided Learning, Practical and Assessment. ii. Effect of 6-Weeks Self-Monitor Exercise Program on Muscle Endurance, Muscle Strength and Muscle Flexibility Performance. iii. Community-Based Teaching of the Importance of Health Awareness and Its Relation to Blood Cholesterol and Glucose Levels to Reduce Metabolic Syndromes.

Best Paper Award

1.	1 st Biennial International Evidence-Based Nursing Conference 25-28 June 2008 Universiti Malaysia Sarawak. <u>Research Title</u> Perception of patients' stressors by patients and nurses in the Federal Territory Hospitals.
2.	International Conference on Education and Social Science 2017 (ICESS2017), 8-9 May 2017. Langkawi, Malaysia. <u>Research Title</u> Physical Activity and Health Promoting Lifestyle among Diploma Nursing Students in Malaysia
3.	5 th International Conference on Movement, Health & Exercise 2018/4 th Asean Conference on Physical Education & Sports 2018. <u>Research Title</u> Exploring the Trend for Physical Activity amongst International Students Studying within Malaysian Universities.

Professional Related Awards

- 2001 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
- 2002 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
- 2003 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
- 2005 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
- 2006 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.

6. **2007 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.**
Awarded RM1000
7. 2008 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
8. 2009 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
9. 2010 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
10. 2011 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
11. 2012 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
12. 2013 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
13. 2014 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
14. **2015 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.**
Awarded RM1000
15. 2016 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
16. 2017 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
17. 2018 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
18. 2019 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.
19. 2020 Excellent Service Awards, Faculty of Educational Studies, University Putra Malaysia.

Teaching/Lecturing /Examiner Related Awards

1. 2005-2006 - Excellent Teaching/Lecturing Awards for EDU3553 (Community and Environmental Health) course in Faculty of Educational Studies, University Putra Malaysia.
2. 2005-2006 - Excellent Teaching/Lecturing Awards for EDU3550 (Introduction to Health Education) course in Faculty of Educational Studies, University Putra Malaysia.
3. 2007-2008 - Excellent Teaching/Lecturing Awards for EDU3550 (Introduction to Health Education) course in Faculty of Educational Studies, University Putra Malaysia.
4. 2008-2009 - Excellent Teaching/Lecturing Awards for SPE3351 (Introduction to Health Education) course in Faculty of Educational Studies, University Putra Malaysia.
5. 2009 - Recipient University Putra Malaysia Research Incentive 2009 Awards.
6. 2010 - Recipient University Putra Malaysia Research Incentive 2010 Awards.
7. 2016-2017 – Excellent Thesis Examiner Awards for the year 2016-2017 in Faculty of Educational Studies, University Putra Malaysia.
8. 2018 – Excellent Publication Awards for the year 2018 in Faculty of Educational Studies, University Putra Malaysia.
9. 19-2020 – Excellent Thesis Examiner Awards for the year 2019-2020 in Faculty of Educational Studies, University Putra Malaysia.

Travel Grants Awards

1. **Recipient** (2002), travel Grant awarded by Faculty of Educational Studies, Universiti Putra Malaysia to present research findings at 12th Commonwealth International Sport Conference. **Manchester, United Kingdom.**
2. **Recipient** (2003), travel Grant awarded by Faculty of Educational Studies, Universiti Putra Malaysia to present research findings at VIIth IOC Olympic World Congress on Sport Sciences on Physical, Nutritional and Psychological Care of the Athlete in the 21st Century. **Athens, Greece.**
3. **Recipient** (2004), travel Grant awarded by Faculty of Educational Studies, Universiti Putra Malaysia to present research findings at 10th World Sport for All Congress: Sport for all as a Tool for Education and Development. **Rome, Italy.** RM7059.87
4. **Recipient** (2005), travel Grant awarded by Faculty of Educational Studies, Universiti Putra Malaysia to present research findings at Science and Medicine in Sport Conference on 13-16 October 2005. **Melbourne, Australia.** RM7137.90
5. **Recipient** (2006), travel Grant awarded by Faculty of Educational Studies, Universiti Putra Malaysia to present research findings at the 2006 World Conference on Women and Sport in Kumamoto. **Kumamoto, Japan.**

6. **Recipient** (2007), travel Grant awarded by Faculty of Educational Studies, Universiti Putra Malaysia to present research findings at Asia-Pacific Conference on Exercise & Sports Science (APCESS). 6-8 December 2007. **Hiroshima, Japan.**
7. **Recipient** (2008), travel Grant awarded by Faculty of Educational Studies, Universiti Putra Malaysia to present research findings at 2008 International Convention on Science, Education and Medicine in Sport China (2008 ICSEMIS). 1-5 August, **Guangzhou, China.**
8. **Recipient** (2011), travel Grant awarded Universiti Putra Malaysia to Data Collection at School of Nursing and Midwifery Centre for Cardiovascular and Chronic Care. From January 2011 to April 2011 at Curtin University of Technology - **Sydney Campus, Australia.**
9. **Recipient** (2017), travel Grant awarded by Sakura Science Plan sponser by Japan Science and Technology Agency (JST) from 4-12 November 2017 at Faculty of Medicine, Kagawa University, **Kagawa, Japan.**
10. **Recipient** (2018), Research University (RU) Grant awarded by Research Managament Centre, Universiti Putra Malaysia for Nobel-Laureatte Insiatif Program in Hannover Olympic Service Center and University of Leipzig, Germany. 18-31 May 2018, **Hannover, Germany.**

International Conference Presenter

1. **Soh, K. G.**, Ruby, H., M Nor' C. N., and Zaliha, O. (2002). Leg Power among Malaysian Netball Players. 12th Commonwealth International Sport Conference. 19-23 July 2002. **Manchester, United Kingdom.**
2. **Soh, K. G.** (2003). Aerobic and Strength Training: Impact on VO₂ max and Body Composition. "VIIth IOC Olympic World Congress on Sport Sciences on Physical, Nutritional and Psychological Care of the Athlete in the 21st Century. 7-11 Oct. 2003. **Athens, Greece.**
3. **Soh, K. G.** (2004). The Impact of Eight-week Training Programme on Agility and Leg Power among Malaysian Netball Players. 10th World Sport for All Congress: Sport for All as a Tool for Education and Development. 11-14 November 2004. **Rome, Italy.**
4. **Soh, K. G.** (2005). Anthropometric Profile of Top Malaysian Netball Players. Australia Conference of Science and Medicine in Sport: Promoting Innovation, Measuring Success. 13-16 Oct. 2005. **Melbourne, Australia.**
5. **Soh, K. G.**, Ruby, H., and Soh, K. L. (2006). Physical Characteristic of Elite Malaysian Netball Players in Relation to their Playing Skill. New Zealand Sports Medicine + Science Conference. 16-18 November 2006, **Wellington, New Zealand.**
6. **Soh, K. G.**, and Ruby, H., (2006). Fitness Profile of Top Malaysian Netball Players. 2006 World Conference on Women and Sport in Kumamoto. **Kumamoto, Japan.**
7. Soh, K.L., Koziol-McLain, J., Wilson, J., and **Soh, K.G.** (2006). Nosocomial pneumonia prevention among critical care nurses in New Zealand. 3rd International Primary Care Respiratory Group (IPCRG) World Conference. 8-11 June 2006, **Oslo, Norway.**
8. Soh, K. L., Sharifah Shafinaz, S. A, Sazlina, S. G., and **Soh, K. G** (2007). Oral Care Practices for the Mechanically Ventilated Patients in the Critical Care Units. The 6th International Nursing Conference: Building Network through Nursing Research". 6-8 November. **Seoul, Korea.**
9. **Soh, K. G.**, Ruby, H., and Soh, K. L. (2007). Physical Profile Comparison between Basketball and Netball Players based on Performance Categories and Playing Positions. Asia-Pacific Conference on Exercise & Sports Science (APCESS). 6-8 December 2007. **Hiroshima, Japan.**
10. **Soh, K.G.**, Soh K.L. Ruby H., Marjohan J., and Mohd. Sofian, O. F. (2008). Physical activity among University staff. 2008 International Convention on Science, Education and Medicine in Sport China (2008 ICSEMIS). 1-5 August 2008. **Guangzhou, China**
11. Soh, K. L., **Soh, K.G.**, Rosna, A. R., and Salimah, J. (2008). Oral care practice conducted for mechanically ventilated patients in the Intensive Care Units. Asia Pacific Critical Care Congress Celebration of Critical Care Past, Future and Present. 30 Oktober – 2 November 2008. **Sydney, Australia**
12. Raweewat, R., Mohd. Sofian, O. F., **Soh, K.G.**, Maria, C. A., & Hayder, M. (2010). The weight-loss program for selected Malaysian footballer: A case study. First International Conference of

13. Hayder, M., Mohd. Sofian, O. F., **Soh, K.G.**, & Roselan, B. (2010). The Instructors' and students' perspectives toward cooperative classes according to some social concepts of the Malaysian culture. First International Conference of Indigenous & Cultural Psychology on 24-27 October 2010 in **Universitas Gadjah Mada, Indonesia.**
14. Khaled Khalifa, M., **Soh, K. G.**, Aminuddin, Y., & Muhammad Nazrul, H. (2012). Physiological responses during 30 min of moderate exercise in thermoneutral and hot environment. The 2nd ASEAN universities Conference of Physical Education and Sports Science: Bridging ASEAN through Physical Education and Sports Science. 7-8 July 2012, **Universiti Putra Malaysia, Malaysia.**
15. **Soh, K. G.**, Maryam, H., Vani, R., Norisah, M. T., Zarinah, A., Nur Hafizah, A., Aslinda, P., & Syazwan, A. I. (2012). Comparison of school bag weight among students of different ethnicity in Malaysia. The 2nd ASEAN universities Conference of Physical Education and Sports Science: Bridging ASEAN through Physical Education and Sports Science. 7-8 July 2012, **Universiti Putra Malaysia, Malaysia.**
16. Khaled Khalifa, M., **Soh, K. G.**, Aminuddin, Y., & Muhammad Nazrul, H. (2013). Exploring the trend for physical activity amongst international students currently studying within Malaysian universities. The 3rd ASEAN Universities Conference on Physical Education and Sport Science. 25-27 June 2013, **Bangkok, Thailand.**
17. Ghiami, Z., **Soh, K. G.**, Mohd. Sofian, O. F., & Soh, K. L. (2014). Effects of psychological intervention on exercise behaviors. The 4th ASEAN Universities Conference on Physical Education and Sport Science (APESS). **National Institute of Education, Singapore.**
18. Jian A. N., **Soh, K. G.**, Norhaizan, M. E., Rohani, A. T., & Nabeel, A. W. (2014). Differences in fitness level among female volleyball players from different regions in Iraq. Asian Conference for Physical Education and Sports Science (ACPESS). 7-9 July 2014, **Institute of Technical Education College East, Singapore.**
- Soh, K. G.**, Aminuddin, Y., Soh, K. L., Salimah, J., Ong, S. L., & Mohd. Sofian, O. F. (2015). Physical activity and health-promoting lifestyle of student nurses in Malaysia, 2015 Conference on Advances in Evidence-Based Medicine (CAEBM). 18-20 March 2015. **Suzhou, China.**
19. Soh, K. L., Eusni Rahayu, M. T., Salimah, J., **Soh, K. G.**, Norhaslinda, A. R., Rosna, A. R (2015). Antenatal mothers, pregnant women, haemoglobin, anemia, maternal, Malaysia. 2015 Conference on Advances in Evidence-Based Medicine (CAEBM). 18-20 March 2015. **Suzhou, China.**
20. Salimah, J., Soh, K. L., **Soh, K. G.**, & Rosna, A. R. (2015). The influence of culture on analgesic consumption: A retrospective study among Malaysian patients after breast cancer surgery. 2015 Conference on Advances in Evidence-Based Medicine (CAEBM). 18-20 March 2015. **Suzhou, China.**
21. Jian A. N., **Soh, K. G.**, Norhaizan, M. E., Rohani, A. T., & Nabeel, A. W. (2015). Effect of 12 weeks home based intervention programme on physical activity of undergraduate female students in Iraq. 1st 'ACPES' Conference 2015, 5th AUCPESS' Conference Enhancing the Quality of Services in Physical Education, Health and Sport for a Better Future. September 15th to 18th, Semarang, **Central Java, Indonesia.**
22. **Soh, K.G.**, Jian, A. N., Soh, K.L., & Salimah, J. (2017). The Effect of Home-Based Intervention Program on Body Composition among Sedentary Females Leaving in Unstable Country. 4th International Conference in Physical Education and Sports Science. 29-30 November 2017. **Babylon, Iraq.**
23. **Soh, K.G.** (2019). Sitting is the New Smoking. 5th ACPES International Conference: 10-12 September 2019, **Semarang, Indonesia.**