



### **CURRICULUM VITAE**

**DR. ZAIDA NOR ZAINUDIN**  
**Department of Counselor Education & Counseling Psychology,**  
**Faculty of Educational Studies,**  
**Universiti Putra Malaysia,**  
**43400 UPM Serdang, Selangor**  
**T: 03-9769 8211**  
**E: [zaidanor@upm.edu.my](mailto:zaidanor@upm.edu.my)**

## CURRICULUM VITAE

<b>A. MAKLUMAT UMUM (GENERAL INFORMATION)</b>	
<b>Nama (Name)</b>	ZAIDA NOR BINTI ZAINUDIN
<b>Gelaran (Title)</b>	DR
<b>Jawatan (Position)</b>	PENSYARAH KANAN SENIOR LECTURER
<b>Kelayakan (Qualification)</b>	PHD (GUIDANCE & COUNSELLING)
<b>Jabatan (Department)</b>	JABATAN PENDIDIKAN KAUNSELOR DAN PSIKOLOGI KAUNSELING
<b>Bidang Kepakaran (Area of Specialisation)</b>	GUIDANCE & COUNSELLING E-COUNSELLING ENGLISH LANGUAGE AND LITERATURE STUDIES
<b>Email</b>	zaidanor@upm.edu.my
<b>Phone</b>	03-89468211
<b>Homepage</b>	

<b>B. BIODATA</b>
<p>Dr. Zaida Nor binti Zainudin daripada Jabatan Pendidikan Kaunselor dan Psikologi Kaunseling, Fakulti Pengajian Pendidikan, Universiti Putra Malaysia. Mendapat pendidikan awal di peringkat Sijil Perguruan Asas (Bahasa Inggeris) di Maktab Perguruan Perempuan Melayu Melaka pada tahun 1989/1991. Seterusnya mendapat Bachelor Sastera (Bahasa Inggeris) di Universiti Putra Malaysia pada tahun 1999. Seterusnya beliau mendapat ijazah Master Sains (Bimbingan dan Kaunseling) di Universiti Putra Malaysia pada tahun 2001, Ph. D. (Bimbingan dan Kaunseling) di Universiti Putra Malaysia pada 2010. Penglibatan kerjaya beliau semenjak 1992 sebagai Guru Akademik di beberapa buah sekolah rendah dan menengah, Pegawai di Pejabat Pendidikan Daerah Hulu Langat Selangor dan Pensyarah Akademik di IPG Kampus Pendidikan Islam dan seterusnya Pensyarah Kanan di Fakulti Pengajian Pendidikan, Universiti Putra Malaysia. Beliau juga banyak terlibat dengan pengendalian kursus kursus motivasi, teknik P&amp;P, kepimpinan, pembinaan kumpulan, kemahiran kaunseling, kaunseling pekerja, pengurusan organisasi, pengurusan stress, forum dan sebagainya semenjak tahun 2001. Agensi-agensi yang terlibat termasuklah sekolah-sekolah, kolej-kolej, universiti-universiti awam dan swasta, Biro Tata Negara, Jabatan Perdana Menteri, Agensi Dadah Kebangsaan, Suruhanjaya Pencegahan Rasuah Malaysia, Jabatan Kemajuan Orang Asli Malaysia, Pusat Pungutan Zakat Selangor, Institut Profesional Baitulmal, Bahagian Pendidikan Guru KPM, Bahagian Pendidikan Khas KPM, Bahagian Perancangan dan Penyelidikan Dasar Pendidikan KPM, Bahagian Pendidikan Guru KPM, Institut Pendidikan Guru Malaysia, Institut Aminudin Baki KPM, Bahagian Matrikulasi Kementerian Pelajaran Malaysia, Lembaga Hasil Dalam Negeri, Akademi Percukaian Negara, Institut Sosial Malaysia dan sebagainya. Beliau juga terlibat secara langsung dalam pembangunan modul seperti Modul Latihan Guru Sekolah Dalam Hospital, Modul CPD DG41 BPG. Beliau juga terlibat aktif sebagai editor bagi beberapa jurnal di bawah PERKAMA dan KPM. Beliau juga adalah Kaunselor Berdaftar dengan Lembaga Kaunselor dan juga Ahli Seumur Hidup Persatuan Kaunseling Malaysia (PERKAMA).</p>

Dr. Zaida Nor binti Zainudin is from Department of Counsellor Education and Counselling Psychology, Faculty of Educational Studies, University Putra Malaysia. Early 3 / 2 education in Sijil Perguruan Asas (TESL) in Malay Woman Teaching College in 1989/91. In the year of 1999, she graduated in Bachelor of Arts (English Language) from University Putra Malaysia. In the year of 2001 graduated in Masters of Science (Guidance and Counselling) from University Putra Malaysia and later obtained Doctor of Philosophy (Guidance and Counselling) in 2010. Her career started in 1992 as an Academic Teacher in several primary and secondary schools, Officer at the Pejabat Pendidikan Daerah Hulu Langat, Selangor and Academic Lecturer at IPG Islamic Education Campus and now as a Senior Lecturer at the Faculty of Educational Studies, Universiti Putra Malaysia. She is also involved in conducting courses on motivational, teaching & learning techniques, leadership, group building, counseling skills, employee counseling, organizational management, stress management, forums and so on since 2001. The agencies involved include schools, colleges , public and private universities, the Biro Tata Negara, Jabatan Perdana Menteri, Agensi Dadah Kebangsaan, Suruhanjaya Pencegahan Rasuah Malaysia, Jabatan Kemajuan Orang Asli Malaysia, Pusat Pungutan Zakat Selangor, Institut Profesional Baitulmal, Bahagian Pendidikan Guru KPM, Bahagian Pendidikan Khas KPM, Bahagian Perancangan dan Penyelidikan Dasar Pendidikan KPM, Bahagian Pendidikan Guru KPM, Institut Pendidikan Guru Malaysia, Institut Aminudin Baki KPM, Bahagian Matrikulasi Kementerian Pelajaran Malaysia, Lembaga Hasil Dalam Negeri, Akademi Percukaian Negara, Institut Sosial Malaysia and so on. She is also involved directly in developing modules such as the Modul Latihan Guru Sekolah Dalam Hospital, Modul CPD DG41 BPG. She is also actively involved as an editor for several journals under PERKAMA and KPM.

#### C. BIDANG PENYELIDIKAN (RESEARCH AREA)

- E-COUNSELLING
- GUIDANCE & COUNSELLING
- COUNSELLING EDUCATION
- DRUGS-ADDICTION COUNSELLING

#### D. PENYELIDIKAN SEMASA (CURRENT RESEARCH)

- Substantive Model of Cybercounselling based on profiles, counseling process, skills, approaches, ethics and limitations. (FRGS 2019/2021)
- The effectiveness of cybercounselling: Client's Satisfaction and Client's Changes Comparisons (Geran Putra 2018/2020)

#### E. PENERBITAN (PUBLICATION)

NO	ARTICLES
1	<b>Zaida Nor, Z, &amp; Yusni, M.Y.</b> (2018). Client's Satisfaction In Face-To-Face Counselling And Cyber Counseling Approaches: A Comparison. <i>International Journal of Academic Research in Business and Social Sciences</i> . 8(3), 677-684.
2	<b>Zaida Nor, Z &amp; Yusni, M.Y.</b> (2018). Gender Comparisons on the Cyber-

	Counseling and Face-To-Face Counseling Approaches. <i>International Journal of Academic Research in Business and Social Sciences</i> . 8(8), 242-251
3	Soffiyah, L, Sidek, MN, Krauss, SE, Siti Aishah, H & <b>Zaida Nor, Z.</b> (2018). Unveiling the Experiences through Feeling in Undergoing Spiritual Hypnotherapy with Islamic Approach (SPHIA) for Female Children Victim of Incest. <i>International Journal of Academic Research in Business and Social Sciences</i> . 8(6), 507-519.
4	<b>Zaida Nor, Z</b> & Bity Salwana, A. (2018). Curriculum Management Competency Of Malaysia's Principals. <i>International Journal of Academic Research in Business and Social Sciences</i> . 8(10),1101-1107
5	<b>Zaida Nor, Z</b> & Bity Salwana, A. (2018). External Relations Management Of Malaysia Principals. <i>Creative Education</i> . 9, 2254-2264.
6	<b>Zaida Nor, Z</b> & Yusni, M.Y. & Siti Aishah, H. (2018). Pengaruh Gaya Asuhan Ibu Bapa dengan sikap mendapatkan perkhidmatan kaunseling: Proceedings of the <i>International Conference Of Research And Education For Educators</i> . (pp11). Selangor, Malaysia
7	<b>Zaida Nor, Z</b> & Sharifah Intan Sharina, S.A. (2018). <i>STEM: The Role Of School Counselor : Proceedings of the 4th International Conferences Education On Muslims Society Proceeding</i> . (pp45). Jakarta, Indonesia
8	<b>Zaida Nor, Z</b> & Yusni, M.Y. & Siti Aishah, H. (2018). <i>E-Kaunseling: Satu Kajian Kes: Proceedings of the Regional Conference on Counselling and Career Development 2018</i> . (pp457-473). UPM: Malaysia
9	Yusni, M.Y. & <b>Zaida Nor, Z.</b> (2018). <i>Model Dan Teori Dalam Proses Pembangunan Modul Konsep Kendiri : Proccedings of the Regional Conference on Counseling and Career Development 2018</i> , (pp474 – 491). UPM: Malaysia
10	<b>Zaida Nor, Z</b> & Yusni, M.Y. & Siti Aishah, H. (2018). Seeking Counseling Help: The Influence Of Parenting Styles: Proceedings of the <i>International Muslim Mental Health Conference 2018</i> , pp 48. UPM: Malaysia
11	Yusni, M.Y. & <b>Zaida Nor, Z.</b> (2018). <i>Thinking Pattern among the Accused: Proceedings of International Muslim Mental Health Conference</i> , pp96. UPM: Malaysia
12	Soffiyah, L, Sidek, M.N, Krauss, Steven Eric, Hassan, Siti Aishah, & <b>Zaida Nor, Z.</b> (2018). <i>Unveiling The Experiences Through Feeling In Undergoing Spiritual Hypnotherapy With Islamic Approach (SPHIA) For Female Children Victim Of Incest: Proceedings of the International Muslim Mental Health Conference</i> , pp94. UPM: Malaysia
13	<b>Zaida Nor, Z.</b> & Yusni, MY. (2017). E-Kaunseling: Satu Revolusi Perkhidmatan Kaunseling. <i>Jurnal PERKAMA</i> . 21,16-33.
14	<b>Zaida Nor, Z.</b> & Yusni, MY. (2018). Siber-Kaunseling: Evolusi dan Revolusi Kaunseling. <i>Persidangan Kaunseling dan Kesihatan Mental Kebangsaan</i> . UMS: Sabah
15	<b>Zaida Nor, Z.</b> Yusni, MY. & Siti Safira, A. (2018). Kepentingan Kompetensi Kaunseling Multibudaya Terhadap Kaunselor. <i>Persidangan Kaunseling dan Kesihatan Mental Kebangsaan</i> . UMS: Sabah
16	<b>Zaida Nor, Z.</b> Yusni, MY. & Siti Safira, A. (2018). Confidentiality and its ethical issues in counseling. <i>Persidangan Kaunseling dan Kesihatan Mental Kebangsaan</i> . UMS: Sabah
17	Yusni M.Y, <b>Zaida Nor, Z.</b> & Mohammad Asraffuddien ,B (2018) <i>Keganasan Rumahtangga: Pengkonsepsian Dalam Media Terkini: Proceedings of the Seminar Kebangsaan Penyelidikan Pendidikan</i> , Selangor: Malaysia

18	Yusni M.Y, <b>Zaida Nor, Z.</b> & Amera , Asni. (2018) <i>Gender Disphoria: Proceedings of the Seminar Kebangsaan Penyelidikan Pendidikan</i> , Selangor: Malaysia
19	Yusni M.Y, <b>Zaida Nor, Z.</b> & Siti Nursalwani, A.W. (2018) <i>Agrophobia: Proceedings of the Seminar Kebangsaan Penyelidikan Pendidikan</i> , Selangor: Malaysia
20	Yusni M.Y, <b>Zaida Nor, Z.</b> & Darron Azzril, S. (2018) <i>Attention Deficit Hyperactivity Disorder : Apa Yang Guru Perlu Tahu?: Proceedings of the Seminar Kebangsaan Penyelidikan Pendidikan</i> , Selangor: Malaysia
21	Yusni M.Y & <b>Zaida Nor, Z.</b> (2018). Teori dalam Pembangunan Modul Konsep Kendiri Sekolah Rendah. <i>Jurnal Pendidikan IPGM</i> . Jilid 3. Putrajaya, KPM.

#### **F. PENGAJARAN (TEACHING)**

CPE 3202 PENGHANTAR BIMBINGAN DAN KAUNSELING  
 CPE 3800 FALSAFAH DAN ETIKA PROFESIONAL KAUNSELOR  
 CPE 4202 KAUNSELING PENYALAHGUNAAN DADAH  
 CPE 5501 KAUNSELING KERJAYA