



CURRICULUM VITAE



Prof. Madya Dr. Tengku Fadilah Tengku Kamalden
Department of Sport Studies,
Faculty of Educational Studies,
Universiti Putra Malaysia,
43400 UPM Serdang, Selangor
T: 03-8946 8155
F: 03-8946 8552
E: tengku@upm.edu.my

CURRICULUM VITAE

A. MAKLUMAT UMUM (GENERAL INFORMATION)	
Nama (Name):	Tengku Fadilah Tengku Kamalden
Gelaran (Title)	Prof. Madya Dr.
Jawatan (Position)	Prof. Madya (Assoc. Prof. Dr.)
Kelayakan (Qualification)	B.App.Sc. (Hons)(USM), M.Med.Sci (Sheffield), Ph.D. (USM)
Jabatan (Department)	Pengajian Sukan (Sports Studies)
Bidang Kepekaran (Area of Specialisation)	Sports Science, Sports Physiology, Sports Nutrition, Performance Analysis
Email	tengku@upm.edu.my
Phone:	(603) 89468155
Homepage:	-

B. KEPAKARAN	
<p>Dr. Tengku Fadilah, anak kelahiran Johor, telah berkhidmat di Jabatan Pengajian Sukan, Fakulti Pengajian Pendidikan sejak 1995. Beliau memperolehi Bachelor Kepujian Sains Gunaan dari Universiti Sains Malaysia (1991), Sarjana Perubatan Sains Sukan di University of Sheffield, U.K. dan ijazah Doktor Falsafah dari Pusat Kawalan Doping, Universiti Sains Malaysia (2004). Kepekaran beliau adalah dalam bidang Fisiologi Sukan dan Nutrisi Sukan. Merupakan bekas perenang Negara pada awal tahun 80-an dan masih giat menyertai pertandingan Masters Renang Kebangsaan. Beliau diterima menjadi ahli Persatuan Fisiologi Senam Amerika Syarikat sejak 2003. Beliau juga dilantik oleh Menteri Belia dan Sukan sebagai ahli Lembaga Pengarah, Lembaga Kejurulatihan Kebangsaan Malaysia selama dua tahun mulai 2005. Dr Tengku Fadilah juga memegang jawatan Naib Presiden, Persatuan Penyelamat Kelemasan Malaysia untuk dua penggal berturut-turut. Pada Julai 2005, beliau telah menerbitkan buku Parental Guide to Water Safety atas keprihatinan beliau dalam isu kelemahan di kalangan kanak-kanak. Beliau juga adalah Ketua, Bahagian Sukan Prestasi Tinggi, Yayasan Sukan dan Kecergasan Malaysia (WSFFM). Terkini beliau diberi pengiktirafan untuk menjadi Timbalan Pengerusi dan juga ahli teknikal untuk Jawatankuasa Sukan Wanita Kebangsaan anjuran WSFFM dan Kementerian Belia dan Sukan. Minat beliau dalam isu Orang Kurang Upaya menjadi lebih mendalam setelah dilantik Timbalan Pengerusi Sains Sukan, Majlis Paralimpik Malaysia. Dr Tengku Fadilah telah berjaya mengetuai dan mengurus pasukan renang Malaysia di Kejohanan Antarabangsa FESPIC 2006 bagi mencapai 7 pingat emas, 11 pingat perak dan 8 pingat gangsa. Beliau terlibat secara aktif dalam aktiviti penyelidikan dan telah memenangi beberapa anugerah pameran rekapipta dan inovasi UPM sejak tahun 2002. Terkini, beliau penerima dua geran E-Science dan satu geran Fundamental di bawah RMK-9.</p>	
<p>Dr. Tengku Fadilah, a Johor native, has been working at the Sports Studies Department, Faculty of Education Studies since 1995. She obtains her Bachelor's Degree in Applied Science from Universiti Sains Malaysia in 1991, Masters of Medical Sports Science at the University of Sheffield, United Kingdom and PhD from Universiti Sains Malaysia's Doping Center in the year 2004. A field expert in Sports Physiology and Sports Nutrition, now her passion is in the studies of High Performance Sports' Analysis, focusing on Badminton. A former national swimmer in the early 80s herself, she is still active participating in National Masters Swimming Competition. She was accepted as a member of the prestigious Exercise Physiology Association of the United States in 2003 and still a member since. In 2004, her expertise lands her the post of Technical Reference Expert to set up the National Fitness Council, and also the Expert Consultant for the Ministry of Youth and Sports for the research on sports associations in Malaysia. She was also appointed by the Minister of Youth and Sports as a member of the Board of Directors of National Instructor Board of Malaysia, for tenure of two years starting from 2005. Dr Tengku Fadilah is also the Vice President of Malaysia's Life Saving Society for two straight terms. In July 2005, she wrote the book 'Parental Guide to Water Safety' as a manifestation of her grave concern on the issues of drowning among children. She was the Head of High Performance Sports, Women Sports and Fitness Foundation Malaysia. Currently, she is the Deputy President of the Foundation, and a technical member of the National Women Sports Committee, jointly organized by the WSFFM and the Ministry of Youth and Sports. Her personal interest on issues of the disabled deepens after she was appointed as the Deputy President of Sports Science of the National Paralympic Council. Dr Tengku Fadilah has succeeded in heading and managing the Malaysian swimming team for the FESPIC 2006 International Meeting and secured 7 gold medals, 11 silver medals, and 8 bronze medals. She is involve actively in research activities and had won numerous awards at the UPM's Design and</p>	

Innovation Exhibition since 2002. She is now the beholder of three research grants, two of which are the E-Science Fund and another is the Fundamental Research Fund, all are under the 9th Malaysia Plan.

F. PENGAJARAN (TEACHING)

EDU 3504 Human Anatomy and Physiology
EDU 3506 Physiology of Exercise
EDU 3554 Nutrition and Fitness
EDU 5512 Physiology of Physical Activity
EDU 5514 Sports Nutrition