



## RESEARCH FOCUS OF THE FACULTY

## GUIDANCE AND COUNSELLING

FACULTY OF EDUCATIONAL STUDIES

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**Title:** Guidance and Counselling

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### Research Group Members:

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Associate Professor Dr. Jamaludin Ahmad - *Drug Abuse*

Associate Professor Dr. Siti Aishah Hassan - *Family Counseling*

Dr. Noor Syamilah Zakaria – *Counsellor Education and Supervision*

Dr. Asmah Ismail - *Group Counseling*

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### Programme Objective:

The well-being and good mental health of a community is an important agenda in any society. Counselling and guidance services and psychological interventions are needed to both prevent and treat maladaptive behaviours. Thus research on understanding the psychological aspects of various groups of people. Other efforts include identifying their needs and status through psychological assessments. Research focussing on training competent counsellors and developing models to help practicing counsellors are also given attention to. The findings of these studies help to better understand the nature of various groups of human beings and how they are psychologically affected by environment and situations. While the research output in terms of models and intervention strategies provide alternatives for the helping services.

**Keywords:** Counseling services, psychological intervention, psychological assessment